

north coast

thursday july 23, 2015 vol XXVI issue 30 • humboldt county, calif. FREE

the journal

OF POLITICS, PEOPLE AND ART

#ARCATA24HR

7 • 16 • 15

Photographs by Leon Villagomez

northcoastjournal.com

4 The Union and the Confederacy 6 Out of the marsh, into the ... ? 11 Studies and spin 19 Cobbler for breakfast 21 Happily Ever After 26 Mosh on 33 Agony Ant 37 Spot on



GUARANTEED

— to beat —

VERIZON & AT&T

PLUS, UNLIMITED CONTRACT PAYOFF



Just bring in your bill and we'll beat your current Verizon or AT&T plan, or you'll get a \$50 Promo Card.

Plus, take advantage of our unlimited contract payoff.

SAMSUNG Galaxy S6

Undo your contract. Learn more at uscellular.com/undo.

Things we want you to know: Offer applies to current Verizon or AT&T customers on Shared Data Plans only and applies to the monthly recurring price plan only. Any applied discounts shall be valid for the first 24 months. Regular pricing applies thereafter. Must port in all lines of service on account. Offer valid on Shared Connect Plans up to 20GB. Offer valid only with the following devices: handsets, Tablets, routers, modems, hotspots and Home Phones. Customer must provide their current wireless bill for review. U.S. Cellular, at its sole discretion, has the right to deny an offer for any bill that appears altered or fraudulent. Shared Connect Plan and Retail Installment Contract required. Credit approval also required. A \$25 Device Activation Fee applies. A Regulatory Cost Recovery Fee applies (currently \$1.82/line/month); this is not a tax or govt. required charge. Additional fees, taxes, terms, conditions and coverage areas apply and may vary by plan, service and phone. **Contract Payoff Promo:** Customer will be reimbursed for the Early Termination Fee (ETF) or remaining device balance reflected on final bill. Offer valid on up to 6 consumer lines or 25 business lines. Must port in current number to U.S. Cellular and purchase new device through a Retail Installment Contract on a Shared Connect Plan. Submit final bill identifying ETF or final device balance owed within 60 days of activation date to uscellular.com/contractpayoff or via mail to U.S. Cellular Contract Payoff Program 5591-61; PO Box 752257; El Paso, TX 88575-2257. To be eligible, customer must register for My Account, purchase Device Protection+ and turn in the old device. Reimbursement in the form of a U.S. Cellular MasterCard® Debit Card issued by MetaBank®, Member FDIC, pursuant to license from MasterCard International Incorporated. This card does not have cash access and can be used at any merchant location that accepts MasterCard Debit Cards within the U.S. only. Card valid through expiration date shown on front of card. Allow 12-14 weeks for processing. **\$50 U.S. Cellular Promotional Card:** If U.S. Cellular's Shared Connect and Retail Installment monthly plan price cannot beat your current Shared Connect monthly plan price with AT&T or Verizon, you will be provided a \$50 U.S. Cellular Promotional Card issued by MetaBank, Member FDIC, pursuant to a license from Visa U.S.A. Inc. Valid only for purchases at U.S. Cellular stores and uscellular.com. One per account. To receive card, customer must go to beatyourplan.hit2c.com to register. Card will be received in 6-8 weeks. **Device Protection+:** Enrollment in Device Protection+ required. The monthly charge for Device Protection+ is \$8.99 for Smartphones. A deductible per approved claim applies. You may cancel Device Protection+ anytime. Federal Warranty Service Corporation is the Provider of the Device Protection+ ESC benefits, except in CA and OK. Limitations and exclusions apply. For complete details, see an associate for a Device Protection+ brochure. **Device Turn-In:** Customer must turn in all active devices from their former carrier's plan. Customer is responsible for deleting all personal information from device and removing any storage cards from devices. Devices must power on and cannot be pin locked. Device must be in fully functional working condition without any liquid damage or broken components, including, but not limited to, a cracked display or housing. Devices will not be returned to customer should they cancel transaction. Not eligible for U.S. Cellular's in-store or mail-in trade-in program. To be eligible, customer must register for My Account. **Kansas Customers:** In areas in which U.S. Cellular receives support from the Federal Universal Service Fund, all reasonable requests for service must be met. Unresolved questions concerning services availability can be directed to the Kansas Corporation Commission Office of Public Affairs and Consumer Protection at 1-800-662-0027. Offers valid at participating locations only and cannot be combined. Not available online or via telesales. See store or uscellular.com for details. Limited-time offer. Trademarks and trade names are the property of their respective owners. ©2015 U.S. Cellular

table of CONTENTS

- | | |
|-------------------------------|-----------------------------------|
| 4 Mailbox | 22 Music & More! |
| 4 Poem | LIVE ENTERTAINMENT |
| 6 News | 26 The Setlist |
| THREE HEADS FOR EVERY BED | BRUISED AND CONTENT |
| 8 Blog Jammin' | 28 Calendar |
| 11 Week in Weed | 33 FilmLand |
| ROACH IN THE BATTER | POTENTIAL |
| 12 On The Cover | 34 Workshops |
| #ARCATA24HR | 37 HumBug |
| 16 Home & Garden | SPOTTING FOR SPOTS |
| SERVICE DIRECTORY | 38 Sudoku |
| 19 Table Talk | 38 Crossword |
| GOT FRUIT? | 38 Marketplace |
| MAKE COBBLER | 41 Automotive |
| 21 Five Things to Know | 42 Body, Mind & Spirit |
| BEFORE YOU'RE | 42 Real Estate |
| MARRIED FOR 23 YEARS | This Week |



- Serious Felonies
- 215/420 Agreements
- Cultivation/Drug Possession
- DUI & DMV Hearings
- Domestic Violence
- Juvenile Delinquency
- Pre-Arrest Counseling

FREE CONSULTATION

732 5th Street, Suite C
Eureka, CA 95501
info@humboldtjustice.com
www.humboldtjustice.com
707.268.8600

Kathleen Bryson

Attorney

Former Humboldt County Deputy District Attorney
Member of National Organization for the Reform of Marijuana Laws (NORML)
Member California DUI Lawyers Association

CONSULTATIONS AVAILABLE IN GARBERVILLE BY APPOINTMENT

Need Housing? We've got it!



KIC | kramer investment corp.
707-444-2919
www.kkramer.com

FORBUSCO

LUMBER & BUILDING SUPPLY

WEEKLY SPECIAL!

Sale Starts July 16th
Sale Ends July 29th

New

69⁹⁵ Gal.

GACO
COMMERCIAL GRADE™

GacoRoof® Ultra
Solvent-Free 100% Silicone Roof Coating is designed as a protective coating to seal and repair existing roofs and permanently protect against leaks, permanent ponding water, and the damaging effects of severe weather. 50-year limited warranty.

299⁹⁵ 5-Gal.



CRRC
TITTLE 24 COMPLIANT
GR2800, Energy Star, Title 24 & CRRC only applies to White color.

26⁸⁹ Qt.

GACO

GacoWash® Concentrated Cleaner
For roof membranes and existing waterproof systems. Specially formulated to remove dirt, pollen, mildew and fungus.



129⁹⁵

GACO

GacoFlex® E5320 2-Part Epoxy Primer
Excellent adhesion to most surfaces. Improves top coat adhesion. Prevents asphalt bleed-through.



72⁹⁰ Gal.

GACO

Gaco Liquid RoofTape™
100% silicone roof tape strengthened with microfibers. Provides seamless membrane over small cracks, seams, protrusions, drains, joints, etc.



U-Haul Only... Limited Stock On Hand

CHECK BACK AGAIN TO VIEW OUR NEXT CIRCULAR

FORBUSCO LUMBER • 1784 SMITH LANE • FORTUNA, CALIFORNIA • (707) 725-5111

15-0012 CU COPYRIGHT 2015, CIRCULARS UNLIMITED circulars.com

Hail the Burger Queen

Editor:

I've been meaning to do this for a long time and decided no better than the present. Jennifer Fumiko Cahill is one great asset for the *NCJ*. Her name initially grabbed my eye because as a kid in South City I took Judo classes from a family named Cahill. I wondered if there was a relation and when I read that first article I was hooked. Not only does she know her stuff on food, and describe the subject beautifully, but she also never fails to make me laugh out loud several times during the article. Her recent article "Burger Quest" (July 2) was no exception. As usual, it was excellent, informative and really funny ("...the mobile defibrillator").

I normally read the *NCJ* from cover to cover but I usually do a quick read through to see the articles that I might be interested in. Being single and male, I look at the Table Talk articles for something even I could make and which I have ingredients for (which I never do). Although all the contributors to Table Talk are excellent, when I see Jennifer's name on the article I smile knowing it's going to make me laugh. I save it like I do with the bottom of a hot fudge Sundae, and read it last. You know what I mean.

Rick Brennan, Eureka

Meh ...

Editor:

In regard to Alan Sanborn's upset over the *Journal's* choices of news coverage ("Letters," July 9) ... (Hi Alan!)

Anyone who is interested in substantive, local, well-written coverage may want to consider subscribing to the *Mad River Union* ... it's the first and only Humboldt newspaper that I've ever ordered and look forward to reading to catch up on local news. And, it's cheaper to get it mailed to your home than to pick up in the stores. Now, the *Journal* can cover any topic it wants without eliciting any disgust from me due to its lack of substance ...!

Rita Carole, Arcata

Fuzzy Numbers

Editor:

I would like to comment on Steve Dodge's op-ed piece titled "Left With

Nothing" (July 16). Welcome to the world of legal, regulated and taxed industry. This falls under the category of "be careful what you wish for" — you may end up having to play by the same (overburdened) rules the rest of industry and small business have been for decades ... and it's about time!

Ian Schatz, Eureka

Editor:

Would like to thank Steve Dodge for helping me get rid of the worst feeling of evil triumphing in my lifetime. I refer to the jury decision in the O. J. Simpson Trial.

Mr. Dodge trumps any sleaze from that incident, and leaves it squirming in the used potting soil. His fantasy fact-filled "Left With Nothing" is a poster child for the "We-Don't-Ever-Want-the-Gravy-Train-to-End" group, and their hideous efforts to portray themselves as about as downtrodden as migrant workers.

At every turn, these folks twist and distort virtually every possible nuance of legalization. Obviously, the only thing which can stop all this lying and devious talk is R.J. Reynolds, or some such. These growers are showing every bit of greed, and P.R. work as any corporation on earth. Why we even need to consider them, since over half of them are from out of our area anyhow, is beyond me. Think of all the people who get up and go to work each day, NEVER knowing the kind of windfall money these growers get.

Discovery

Earth brown bark
pencil thin
curled in on self.

Roughly smooth to the touch
jagged ends crumble.

Hard and brittle
cracking objections to being unfurled.

Protruding knobby circle
exhibits history of a twig.

Within the curling
where no eyes can pry
an opportunist sow bug shelters.

— Nance Naven



CARTOON BY TERRY TORGERSON

Legalize it all the way. Get Newsome and his ilk out of the way. It grows like a weed, and is so easy to grow that these guys trying to keep this artificial gravy train on the tracks are not only an insult to everyone hearing them speak, but also to the consumers. Dodge and company want to keep prices UP, for something so easy to grow, even after the illegal part is absent.

Take all the money buried in the back 40, and gloat over it. TAX FREE TREASURE!!! Tell stories about how fun and how easy it was to get rich. Roll one up, put on some tunes and put your feet up on the paid-off 40 you got from it, and let it go. Your efforts to keep this thing paying off indefinitely are so undignified.

Joshua Kinch, Eureka

Editor:

According to Steve Dodge, the average existing illegal pot grow will have to double its footprint after legalization for the grower to maintain the lifestyle to which he's grown accustomed. It appears that Mr. Dodge is suggesting that there be no limits at all to farm size and is soliciting public sympathy for the plight of the pot-farming family. These growers have staked their families' fortunes on a single, illegal, non-essential crop. I'd like to address each of those adjectives individually.

Single: No wise farmer puts all his eggs in one basket, just as no wise community ties its economy to a single commodity. The folly of doing so has been proven over and over again throughout history. Diversification is the name of the game, whether in finance or agriculture. Heck, it's even the biological foundation of sex. With-

out diversity, you cannot adapt to changing conditions. Mr. Dodge says, "We need to stay agile;" it seems a bit of preemptive agility might have been in order long before now.

Illegal: I don't for a moment think that pot ever should have been illegalized, but it was, a long time ago. What kind of society would we have if we permitted everyone to ignore those laws he happens to find silly or inconvenient? We'd have anarchy. The way to deal with silly laws is to change them, not subvert them. Mr. Dodge seems surprised — wounded, even — to discover that, lo and behold, his livelihood is lucrative only *because* it's illegal.

Non-essential: I might feel differently about this if we were talking about food, but we're not. We're talking about nothing more than a psychotropic plant, a delivery mechanism for a consciousness-altering chemical. People need to eat, but no one *needs* to get high. Is it ethical to convert forests that harbor wildlife, produce oxygen, protect watersheds and sequester carbon into recreational drug factories? Can we still afford that? I think not. (I happen to feel the same way about cemeteries, golf courses and vineyards.) We need to value our biological wealth, because without it we are *all* "left with nothing."

Sorry, Mr. Dodge, but as I see it, your predicament is entirely of your own making, and my give-a-damn's busted.

Ken Burton, Arcata

Editor:

There are some problems with Steve Dodge's calculations in "Left With Nothing." Alas, Mr. Dodge reveals only a superficial knowledge of how small businesses work and, therefore, presents an

inaccurate and ill-informed picture.

First, if Mr. Dodge had actually paid income taxes on a business venture, instead of relying on the rest of us to pay his share for him, he would realize that income tax is based on the net profit, after expenses, not total sales.

He also lumps long term infrastructure investments, like the well, pond and others, into ongoing operating expenses. These are one-time costs, not every year costs.

Using his figures, and the tools that most real small business people use, I show that rather than making no money, he would actually take home around \$52,000, after income taxes. Just to be fair, I also assumed he would be paying on a loan for the infrastructure costs. And this is from farming 1/20 of an acre. Let's not tell this to the organic vegetable farmers.

Also: Most small business people would look at each expense and assign a number to them, not use generic estimates. Just to be petty, Mr. Dodge whines about not being able to buy a home, yet he claims property taxes on a home and land as business deductions, which they may or may not be.

What I would say to Mr. Dodge is: Welcome to the real world of small business. As a business consultant, I've advised several hundred small business owners over the years, and we all deal with the realities of variable prices, increasing costs, regulations, taxes and limited capital. Oh, well ...

If Mr. Dodge's article is a plea to make an economic case for larger allowable grows, I would say his case is harmed by his own numbers.

Stilson Snow, Eureka

Hemp, Hemp Hooray!

Editor:

I'm encouraged and dismayed at the debate on the legalization of cannabis. I'm in agreement with "Woods" ("Growing Greed," July 9) and Amy Gustin on their take on the situation (small farms, environmental awareness of impacts). I'm dismayed by the California Legislature's attempts to craft a bill so far, since all I see is dollar signs in their eyes.

In *The Emperor Wears No Clothes* by Jack Herer, the REAL reason cannabis became prohibited is not because of its effects after smoking it, but the effects on the wallets of some powerful businessmen who found cannabis' cultivation as a threat to their livelihoods: the timber/cotton/drug/oil industries.

In response to this, a group of citizens crafted the CA Cannabis Hemp Initiative 2016 (www.cchi2016.org). Some salient points: It allows cultivation for personal consumption; does NOT allow for taxing cannabis hemp medicines; defines the various ways cannabis can be used and viewed legally; calls for the California government to release prisoners whose sole crime is related to the use and/or business of cannabis; caps excise taxes on retail sales at 10 percent, and demands that half of the tax revenue go toward assisting in development and promotion of the cannabis industry; caps fees on production to \$1,000; calls for the end

Comment of the Week

"Where's the savvy journalist willing to HAMMER the seething irony of a rural county with over 1,000 (reported) homeless children that spends \$1.5 million a year on exotic zoo animals, displaced pets, and its Chambers of Commerce?"

—Jonathan Gaugh commenting on the Journal's website on a July 16 story headlined "The Numbers are Out and the Jury is In."

of discriminatory practices to doctors who prescribe cannabis and unfair zoning restrictions to businesses that sell these products; and, finally, for California to deal with recreational sales the same way as alcohol.

I ask everyone to go to the website, read the text, and come join us as we "blow away the smoke" of propaganda that has withheld the bountiful gifts this plant offers. We begin petitioning in September to place it on the ballot in 2016.

Scott Kender, Garberville

Flagging Ignorance

Editor:

Why identify one's self as a Loser? The Confederate states lost! Their flag was the stars and bars ("Stars, Bars and the Backs of Cars," July 16). Perhaps those who so proudly display this symbol wallow in the same ignorance as the Humboldt citizens who unleashed their cowardly brutality on Woodley Island in 1860.

G T Buckley, Eureka

A Colossal Underbelly

Editor:

I thoroughly enjoy Barry Evans' commentaries in the *Journal*. With respect to his latest one ("Down All the Way?," July 16), I believe those who use the fall of the Roman empire as a template for the "decline" of the U.S are creating a red herring to support their own sense of powerlessness.

The soft underbelly of U.S. society is racial hatred, gun violence, plutocracy and fundamentalist religion. Together they constitute a far greater threat than anything the Visigoths threw at the Romans.

Greg Movsesyan, Fieldbrook

Corrections

The cover story in the July 16, 2015 edition of the *Journal* headlined "Power and Control" misidentified a Fortuna police officer initially contacted by Jane Doe on March 31. It was Sgt. Charles Ellebrecht. The *Journal* regrets the error.

A July 11, 2015 blog post headlined "Racism Behind the Redwood Curtain Part II: Stars, Bars and the Backs of Cars" and an abbreviated version of the post appearing in the July 16, 2015 print edition of the *Journal* both contained inaccurate information. Both referenced what the *Journal* believed was a white supremacist symbol spotted on the side of a local truck. Since publication, the *Journal* has spoken to the truck's owner and it's become apparent we misidentified the symbol. The *Journal* regrets the error.

●



Arcata
7th & G, 707-822-0321

Eureka
5th & R, 707-443-6328

Ukiah
955 N. State, 707-468-6474

Facebook Twitter Instagram YouTube

FREE CLEANINGS · SPECIAL MEMBER ONLY DEALS
2% BACK IN STORE CREDIT

Pacific Outfitters

PacificOutfitters.com

LEARN MORE



PACIFIC OUTFITTERS
GUN BENEFITS

GET OUTDOORS

Three Heads for Every Bed:

Eureka tells marsh homeless to move on, but where?

By Linda Stansberry

linda@northcoastjournal.com

Terrie Smith and Steve Tyson have moved seven times in the last three months: down the abandoned Northwestern Pacific railroad line to unincorporated territory, across the tracks and then back north into Eureka city limits, towing their dogs, bikes and tent with them. They are two of the estimated 730 people living homeless in Eureka, and they have just been handed another eviction notice.

On July 15, the city of Eureka sent out a press release announcing that the city “will be enforcing the ‘No Camping’ ordinance,” or municipal code 93.2, which states “no person shall camp in any public or private space or public or private street, except in areas specifically designated for such use.” On the same day as the press release, police officers visited the marsh behind the Bayshore Mall, handing out red flyers with the words “Notice to Vacate” at the top. Residents’ failure to vacate and remove personal property by July 25 would result in prosecution. This notice comes on the heels of an announcement that the city had scrapped plans to create a sanctuary camp while rapidly rehousing individuals.

City Manager Greg Sparks said that a recent lawsuit in which a homeless advocate tripped and sustained injuries in the area, as well as concerns from environmental groups, has pressured the city to take more decisive action.

“We continue to get many complaints from residents about encampments,” said Sparks. “Quite frankly, we have public property that much of the public does not feel comfortable going into.”

But Eureka Police Chief Andy Mills said that his officers will not be “sweeping through” the marsh and arresting everyone remaining once the 10-day warning period is up, although they will begin citing residents for camping illegally, littering

and leaving human waste. Enough such citations could result in jail time. Officers will be advised to “use their discretion.” “We’ve tried very hard to be compassionate ... but at the same time we’re clearly hearing from the community that this is so problematic that something must be done,” said Mills.

Tyson said he recently spent six days in jail for unpaid citations. He is among many living in the marsh who have been identified, photographed and documented by police. Mills said this procedure is to keep track of who has been warned. Both Mills and the city said that available housing resources in Eureka are underutilized. The city’s press release used the Eureka Rescue Mission, which operated at half capacity for many days in June, as an example.

Tyson and Smith said they would prefer the relative freedom of camping in the marsh to staying at the Rescue Mission, where the engaged couple would be housed separately. The facility will also not take in the couple’s dogs. Smith is considering rescheduling a major surgery because she’s unsure that she will have a stable place to recuperate afterward.

A draft report by the Humboldt Housing and Homeless Coalition estimated that there are 844 people living unsheltered in Humboldt County. The number may be a gross underestimate: It does not include those in temporary shelters, living in clean and sober housing, all homeless children or those who simply were not polled during the biannual Point in Time count. In 2014, the coalition inventoried the total amount of year-round beds available in emergency, transitional and permanent supportive housing for a grand total of 311 beds. Eureka’s facilities collectively hold about 236 beds, not enough to shelter even half the town’s total homeless population. Of all these facilities, only

the Rescue Mission offers same-day, walk-up services to those in need of a roof over their heads.

Nezzie Wade, of the Humboldt Human Rights Commission, said her organization has been petitioning the Board of Supervisors to declare a shelter crisis for more than a year, with no decisive response.

Richard Marks, who sits on the Humboldt Bay Harbor, Recreation and Conservation District, initiated the installation of portable toilets at the marsh. He said they were well received and well maintained until recently, when someone overturned them in what he suspects was an act of protest. The toilets and a community dumpster, both of which have been removed, are features that proponents of a “sanctuary camp” would like to see implemented to help those camping live with more dignity and less impact. But experts say that the sanctuary camp plan is not ideal.

Megan Kurteff Schatz of Focus Strategies, the group that helped develop a plan for Eureka’s homeless, says a “housing first” strategy is the city’s best bet. Under the plan, individuals who have been homeless the longest would be prioritized for permanent supportive housing. Research shows the housed have a much higher success rate with utilizing resources such as substance abuse treatment and counseling. Schatz said that, over time, the cost to the taxpayer for housing and treatment is much smaller than the cost of emergency services for unsheltered individuals.

“There’s no magic bullet on this,” she said. “I think both the city and county are



STEVE TYSON AND TERRIE SMITH, TWO GREENBELT RESIDENTS WHO HAVE BEEN TOLD TO LEAVE THE MARSH. PHOTO BY LINDA STANSBERRY

both very motivated. The only real solution to homelessness is housing.”

Neither Schatz nor the Humboldt County Housing Authority could provide us with a comprehensive picture of how much permanent low-income housing is available in Humboldt County, although a recent grand jury report indicated a “critical lack” of affordable housing in our region, recommending the establishment of a housing trust fund. Schatz said her team is currently at work on a housing inventory analysis. Once that is complete, in August or September, they will immediately begin the “roll out” of a housing first plan.

In the meantime, Smith and Tyson are unsure where they will go next. They plan on attending the July 21 city council meeting to express their concerns.

Roger Prior, a Eureka resident who is part of an informal group dubbed Friends of the Marsh, has been visiting the area for three months to serve lunch and advocate for residents. He said the change needed to properly address the issue is philosophical rather than tactical in nature.

“What I think is important is that they be recognized as community members, to be included in our community,” he said. “Other people like me who are housed need to include them in our community and help them. There’s some lack of humanity in saying you can’t camp anywhere when there’s nowhere to go.”

SIT... SLEEP...

Save!



Loveseat \$399
3 colors to choose from

\$449



Sofas & Loveseats



Loveseat \$449
3 colors to choose from

\$499

Twin mattresses
starting at \$99

Twin sets
starting at \$149



Save up to
\$500 on
closeout &
floor
samples

Full sets
starting at \$199

Queen sets
starting at \$249



**Rocker
Recliner**

\$299



**Rocker
Recliner**

\$399



**TRIPLE
CHOICE!**



YOUR CHOICE!
ELATION FIRM, PLUSH
OR PILLOW TOP

\$599

Queen Set
Twin Set \$449
Full Set \$549
King Set \$899

YOUR CHOICE!
REGAL FIRM, PLUSH
OR PILLOW TOP

\$699

Queen Set
Twin Set \$499
Full Set \$649
King Set \$999

YOUR CHOICE!
BERKSHIRE FIRM,
PLUSH OR PILLOW TOP

\$799

Queen Set
Twin Set \$599
Full Set \$749
King Set \$1099



Delta

**FINANCING
AVAILABLE
OAC**

Mattress & Sofa Outlet Store

"Your Sit & Sleep Specialists"

705 4TH ST., EUREKA • 442-4510

STORE HOURS

Mon. thru Sat. 10 a.m. – 6 p.m. **Sundays** 11 a.m. – 5 p.m.

Financing Available O.A.C.



	★ On the Corner!	I St.
H St.	4th Street U.S. 101 South	
	5th Street	

BUDDY UP, \$AVE BUCK\$!

Now, You and a Friend can each join at the same time, and we'll cut all your start-up costs in half.

- Corporate / Student / Senior Discounts
- Promotion requires TWO separate contracts
- Limited time only, promotion ends without notice

"Thanks for telling me,
it was the perfect time
for both of us to join!"



BROADWAY 518 W. Clark St.
Eureka, CA 95501 (707) 445-5445

**TWO CLUBS,
ONE LOW RATE!**
www.calcourtsfitness.com

The ANNEX 3909 Walnut Dr.
Cuttan, CA 95534 (707) 445-5442



Family Law Civil Litigation Criminal Defense

State and Federal Courts

Joan M. Gallegos & Paul V. Gallegos

707.441.8477

804 3RD Street, Suite C, Eureka

July 23, 2015
Volume XXVI No. 30

North Coast Journal Inc.
www.northcoastjournal.com

ISSN 1099-7571 © Copyright 2015



The North Coast Journal is a weekly newspaper serving Humboldt County. Circulation: 21,000 copies distributed FREE at more than 350 locations. Mail subscriptions: \$39 / 52 issues. Single back issues mailed / \$2.50. Entire contents of the North Coast Journal are copyrighted. No article may be reprinted without publisher's written permission. Printed on recycled paper with soy-based ink.

publisher **Judy Hodgson**
judy@northcoastjournal.com

news editor **Thadeus Greenson**
thad@northcoastjournal.com

arts & features editor
Jennifer Fumiko Cahill
jennifer@northcoastjournal.com

assistant editor/staff writer
Grant Scott-Goforth
grant@northcoastjournal.com

staff writer
Linda Stansberry
linda@northcoastjournal.com

calendar editor **Kali Cozyris**
calendar@northcoastjournal.com

contributing writers
**John J. Bennett, Simona Carini,
Barry Evans, Jennifer Savage,
Genevieve Schmidt**

art director/production manager
Holly Harvey
holly@northcoastjournal.com

graphic design/production
**Miles Eggleston,
Carolyn Fernandez, Christian Pennington,
Jonathan Webster**

general manager
Chuck Leishman
chuck@northcoastjournal.com

advertising manager
Melissa Sanderson
melissa@northcoastjournal.com

advertising
Mike Herring mike@northcoastjournal.com
Daniel Keating daniel@northcoastjournal.com
Tad Sarvinski tad@northcoastjournal.com
Kyle Windham kyle@northcoastjournal.com

classified advertising
Mark Boyd classified@northcoastjournal.com

marketing & promotions manager
Drew Hyland

office manager/bookkeeper **Deborah Henry**

MAIL/OFFICE:
310 F St., Eureka, CA 95501
PHONE: 707 442-1400
FAX: 707 442-1401

ncjournal@northcoastjournal.com
press releases
newsroom@northcoastjournal.com

letters to the editor
letters@northcoastjournal.com

events/a&e
calendar@northcoastjournal.com

music
thesetlist@northcoastjournal.com

production
ncjournal@northcoastjournal.com

classified/workshops
classified@northcoastjournal.com

●
on the cover:
Photo by Leon Villagomez

BLOG JAMMIN'

COMMUNITY

Controversial Place Names of Humboldt

Last week we ran a story which dipped briefly into the history of Larabee Creek — named for a participant in the Indian Island massacre. Local historian, author and *Journal* contributor Jerry Rohde was inspired to send us a list of other places in Humboldt County with ignominious eponymy. Below are his findings and descriptions. (This list contains only names currently recognized by U. S. Geographical Survey. Several other offensive names that were in earlier use have been omitted.)

Larabee, Larabee Creek, Larabee Valley: All named for Henry Larabee,



BULLS AND BRONCS KICKED UP PLENTY OF DUST AND TOSSED A FEW RIDERS ON JULY 19, THE FINAL DAY OF THE FORTUNA RODEO. SEE MORE OF GREG RUMNEY'S PHOTOS AT WWW.NORTHCOASTJOURNAL.COM. PHOTO BY GREG RUMNEY.

a rancher who lived in Larabee Valley, participated in the Indian Island Massacre, boasted of having murdered 60 infants at various killing grounds, and shot and killed an elderly Indian who did nothing more than pay Larabee a visit.

Brown's Gulch: This tributary to Elk River was named for James D. Henry Brown, who local historian Martha Roscoe determined was a leader of the massacre party at Indian Island.

Digger Creek: This tributary to Yager Creek is south of the Laqua Buttes. The term "digger" was frequently applied to local Indians and should be considered as offensive as the term "n—" as used in reference to blacks.

Squaw Creek: Squaw Creek No. 1 is a tributary to Bull Creek, in the heart of the Rockefeller Forest. A group of white vigilantes massacred local Indians there in the 1850s. Squaw Creek No. 2 is a tributary of the Mattole River and was the site, in 1863, of another Indian massacre. Squaw Creek No. 3 is a tributary of the East Branch South Fork River. The term "squaw" has long been held to be offensive by numerous Indian tribes.

Negro Joe Ridge: This location lies just below the scenic overlook on State Route 299 west of Berry Summit. It was earlier called N— Joe Ridge. Even if it became "African-American Joe Ridge" it would still be insulting because it perpetuates the use of the name "Joe" as a catchall for male blacks regardless of their true name. In this case, the ridge was named for Leroy Watkins, who was probably the first black in Humboldt County. He was ambushed by two Whilkut Indians in the vicinity and killed both of them.

Kinman Pond: This body of water is located on Bear River Ridge, southwest of Rio Dell. Seth Kinman had a ranch here in the 1850s. Kinman reportedly would kill Indians on sight.

Felt Springs: This former hot springs is northeast of Fortuna near the southern edge of Headwaters Forest. It was owned by Dr. Theodore Dwight Felt, who in 1852 cosigned a letter asking residents from Humboldt Bay to help massacre Indians. Several Wiyot villages were attacked as a result.

Patrick's Point: Named for "Old Patrick" Reagan (or Beegan), who lived in the area in the 1850s. In July 1854, he shot and killed an Indian boy near Trinidad. He was arrested but escaped while witnesses were being examined. Patrick later lived above Redwood Creek. He discovered an Indian camp nearby and led soldiers to it; he was subsequently killed by the Indians.

— Linda Stansberry

JOEL SONENSHEIN PLAYS GUITAR AND LEADS A BEATLES SING ALONG DURING THE HUMBOLDT FOLK LIFE FESTIVAL ON JULY 18. CHECK OUT THE FULL SLIDESHOW AT WWW.NORTHCOASTJOURNAL.COM. PHOTO BY MARK MCKENNA.



SAVE BIG ON PRE-SALE TICKETS!

119th Humboldt County Fair ★ Ferndale

All Aboard!

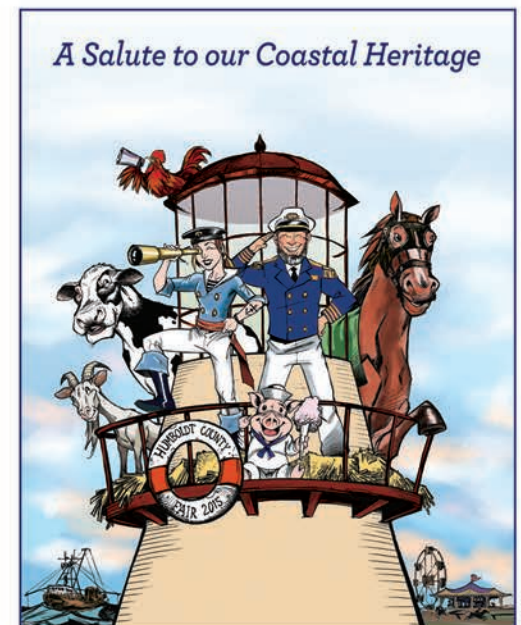
2 WAYS TO SAVE!

1. ENJOY 4 DAYS OF FUN FOR THE PRICE OF ONE:

Monday-Thursday, August 24-27. Buy 1 ticket and get 3 days FREE! Your ticket gives you admission to the fair all 4 days!

2. GENERAL ADMISSION DISCOUNT TICKETS:

Save up to 25% when you purchase your tickets early!



*Discount Purchase Form online at: www.humboldtcountyfair.org
Deadline to save on tickets August 14, 2015.*

August 20-30, 2015 ★ Ferndale (707) 786-9511
First entry deadline: July 31, 2015

Purchase form is available on line, but online purchases are not available. Form needs to be submitted and paid by mail or at the office. Presale discount tickets are available for pickup at the fair office by August 14th, 2015. Presale tickets can be picked up on the day you visit the fair at the "will call" window.

I'M DEVOTED TO
— giving you —
AN EXCEPTIONAL
patient
experience



Erin Bolton, RN
Labor & Delivery
St. Joseph

When you're our patient at St. Joseph Health, everyone is committed to the care you experience. Our quality service and excellent care shine through — from the biggest procedures to the smallest details. We know how uniquely privileged we are to serve our dear neighbors in Humboldt County.

Find out more about the St. Joseph Health
Humboldt experience at WeAreStJosephHealth.org

St. Joseph Health 
Redwood Memorial • St. Joseph



Soul to Soul
SPA & FOOT BAR



Join us @
Reggae on the River this year!
July 30th-August 2nd



Open 7 days a week!

822-7685

soultosoulspa.com

Angela Crane brings even more experience to our team



SHAW GROUP

Angela Crane
Commercial Lines
Team Member

Angela Crane is one of the newest members of the Anderson Robinson Starkey Insurance team. Angela began her insurance career in the late 80's and is returning back to her insurance roots with us bringing over 25-years of professional insurance experience under her belt.

Angela's passions are environmental conservation, animal welfare and child advocate work. She volunteers in our community by participating in highway and beach clean-ups, serving on the board and running programs within an animal rescue organization and being a mentor to a little sister. **Angela can be reached at 822-7251 ext 119.**

**Anderson Robinson
Starkey Insurance**

A Shaw Group Partners Company

1117 Samoa Blvd., Arcata 822-7251

HEADS UP

**Expect People
in Crosswalks**



Funding for this program was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration

A Roach in the Batter

By Thadeus Greenson

thad@northcoastjournal.com

“Yeah, it's a cure-all. My buddy Jonah broke his elbow one time. He just smoked some weed. It still clicks, but it's cool.” — Ben Stone in the film *Knocked Up*.

Maybe Ben Stone and his friend Jonah were onto something. A study by Israeli scientists recently published in the *Journal of Bone and Mineral Research* found broken bones healed faster and stronger in lab rats injected with cannabidiol (CBD), one of the non-psychoactive compounds found in marijuana. In the study, Tel Aviv University researchers injected CBD into rats with mid-femoral fractures and found the CBD made the bones stronger during and after healing. The study found the treatment was far less effective, however, when the rats were injected with a combination of CBD and THC, marijuana's psychoactive ingredient. Sorry, Ben.

The *Journal of the American Medical Association* recently conducted a systematic review of all controlled medical trials of cannabis and cannabinoids, analyzing almost 80 studies involving more than 6,400 participants. Most of the trials didn't achieve statistical significance, the association found, but some did, including a study that found medical marijuana to be an effective treatment for chemotherapy-induced nausea, one that found it to reduce spasticity in multiple sclerosis patients, and two others that found it to be an effective pain treatment.

However, the review found little existing evidence that marijuana and cannabinoids help with anxiety and sleep disorders, psychosis, glaucoma, depression, dementia, epilepsy, Tourette's syndrome or schizophrenia. News write ups of the *JAMA's* review are all over the map, with some claiming the review questions the effectiveness of medical marijuana and others saying it confirms marijuana is, in fact, medicine.

In actuality, the review highlights

marijuana's medical potential and the total dearth of “high-quality evidence” as to its effectiveness, which is directly related to the difficulty of conducting cannabis research in the United States, where the government continues to classify marijuana as a Schedule-1 controlled substance. So you have the nation's largest and most influential physicians' group saying marijuana has real medical potential to reduce pain and even save lives but there's not enough reliable evidence on the subject because Congress refuses to reclassify marijuana out the ranks of heroin, LSD and ecstasy. There's your story.

There's a lot of severe pain going around in Oregon these days. The *New York Times* recently reported that a whopping 93 percent of the state's 70,000 medical marijuana patients listed “severe pain” as the condition requiring treatment with pot. Ironically, “severe pain” is one of the state's qualifying conditions, along with HIV/AIDS, cancer, Alzheimer's disease, PTSD and multiple sclerosis, and, as the *Times* reporter notes, one that is “very subjective and potentially faked.”

Meanwhile, a recent analysis by the *Oregonian* found that an alarming number of medical marijuana concentrates in the Beaver State are contaminated with pesticides, despite state mandated testing. The *Oregonian* purchased 10 concentrates from Portland dispensaries and had them tested by a pair of laboratories, which found eight to be contaminated with a total of 14 different chemicals, “including a half-dozen the federal government has classified as having possible or probable links to cancer. Among them: a common household roach killer and another whose health risks prompted the federal government to eliminate it for most residential uses more than a decade ago.

Ahhh ... Maybe that's what that clicking sound is all about.

Dear HumCo,

Tell us your food crush!

Yours always,
NCJ

P.S. Email jennifer@northcoastjournal.com



GLASSHOUSE
GARDEN SUPPLY

follow us on Facebook

(707) 786-3904

597 Fernbridge Dr, Fortuna
glasshousegardensupply.com



Choosing The Right Medical Cannabis

Can be confusing at first with so many different and unusual names and choices. That being said, it is much easier to find a medical cannabis product that will work for you once you have figured out what your desired effect is.

We are learning so much more about this wonderful plant all the time. We now know that aspects of cannabis such as the flavor, contributes to the effect. Remember, “The nose knows” — So trust your instincts and keep a personal cannabis journal to note how certain strains affect you. One very important factor in choosing the right medicine for yourself is that each strain has a limit to the amount and type of cannabinoids that can be received by your body at a certain time. This is why you gain a tolerance faster to certain strains and others seem to medicate the same way for longer. By choosing to use different strains, and different methods of ingestions, such as using edibles or vaporizing, it is easier to keep your cannabinoid receptors fresh and ready to be activated by the next type of medicine you are using. This will help you conserve your medicine and get the maximum effect from it, and it can also help to reach the desired cannabinoid balance you are looking for. Each patient has an individual reaction to each type of medicine tried, and experimentation with different types of strains and methods of use is essential for the new patient.

In very little time, you'll be able to determine what works best for you. We are here to help you find what will work best for your needs. Please feel free to come to us with any questions or concerns. We believe in the “Heart of Humboldt” and professional and compassionate care is what you will always receive here.



The Heart of Humboldt

6th & I St., Arcata • (707) 822-9330

#ARCATA24HR

By Thadeus Greenson
Photos by Leon Villagomez

A Lonely Bench || 3:04am || #Arcata #Humboldt #California #MySoma

It began with an all-nighter about 10 weeks ago. Local photographer Leon Villagomez sat in front of a computer monitor in his Arcata home, processing photos as the sounds of the night trickled in: the crack of a bat and cheers from the ballpark; a police siren; bits of animated conversation; hoots from plaza revelers. The following morning, Villagomez's wife, Anna, went into labor and soon gave birth to their first child, Banyan.

Sitting in an Arcata restaurant last week, dressed in a button-up plaid shirt with his long dreadlocks neatly tied back, Villagomez said that experience left him fixated on two things: how the energy of a space can change dramatically depending on the time of day and just how much can happen in a 24-hour period. Those ideas spawned an ambitious project in which Villagomez set out on July 16 to spend 24 straight hours photographing Arcata, uploading his images in real time to Instagram using the hashtag #Arcata24hr, allowing people to follow his experience as it progressed.

As a whole, Villagomez's images are endearing, heart wrenching, nostalgic and beautiful. They are also quintessentially Arcata.

"As a personal and professional experience, it was really rich," Villagomez said. Describing his style as inherently minimalist and geometrically driven, Villagomez said he walked around town looking for settings that appealed to him. Then he'd frame a shot and wait for someone to occupy the space to give the photo life. "Something's going to happen. It might

continued on page 14 ►



Jumper || 3:34am || #Arcata #Humboldt #California #MySoma #thejumpingang



Poet || 6:10am || #Arcata #Humboldt #California #Poet #street #Dons



Sergio || 1:15am || #Arcata #Humboldt #California #MySoma

Tuesday Senior Discount
 10% Off!
 Saturday Student Discount (w/ID)
 10% Off!

Beelers All Natural Al Capone BONELESS PORK LOIN ROAST \$6⁹⁹ LB Reg. \$7.99 lb	Meat BONELESS BEEF CUBE STEAKS OR BEEF FOR STEW \$7⁹⁹ LB Reg. \$8.99 lb
Grocery Reed's GINGER BREW \$3⁹⁹ +TAX & CRV 4 Pack - All Flavors Reg. \$5.79	Grocery Barbara's CHEESE PUFFS \$1⁹⁹ All Flavors 5.5-7oz Reg. \$3.39
Produce ORGANIC SMALL HASS AVOCADOS 79¢ EACH CA Grown	Dairy ORGANIC SEASONED TOFU \$3⁶⁹ All Varieties 8oz. Reg. \$4.69
Beer/Wine LOST COAST BREWERY \$11⁹⁹ +TAX & CRV Select 12 Pack Bottles Reg. \$16.99	Wellness ORGANIC NUTRITIONAL SHAKES \$2⁹⁹ +TAX All Flavors 11fl. oz. Reg. \$3.99

1450 Broadway, Eureka • 442-6325 • Open 7 days a week
www.eurekanaturalfoods.com Prices effective 07/22-07/28



Colorful coffee || 7:08am || #Arcata #California #Humboldt #Coffee #Arcs #Colors



Stephanie|| Thanks The Big Blue and NCJ || 9:36am || #Arcata #Humboldt #California #Breakfast #BigBlueCafe #northcoastjournal

#Arcata24hr

continued from page 12

be soon, it might not be for a long time, but something's going to happen. I had to be patient."

Primarily a wedding photographer by trade, Villagomez, 33, arrived in Humboldt almost by accident about four and a half years ago. Born and raised in Guadalajara, Mexico, he'd studied finance in college as the first in his family to get a post-secondary education, with dreams of becoming a stockbroker. He went on to get a master's in administration and, by the age of 23, was working as the dean of administration at a small public university a couple hours outside of Guadalajara. He was clean-cut then, he said, laughing.

But there was part of the buttoned-up persona that never quite fit with the adventure-loving Villagomez, who beamed as he talked about backpacking trips in Europe, during which one of his favorite things was to show up at the local station and catch the first train of the day, regardless of where it was headed. "I think that's the thing: Just jump," he said, his grin stretching his thin, stubbly beard. "Whatever happens, it will be exciting and life should be exciting."

Villagomez's life began to change in the summer of 2010 when some of his best friends formed a band that practiced in an old abandoned movie theater and he bought a new camera. He'd always liked photography, but just in a guy-with-the-point-and-shoot way. It had never been a real passion. But Villagomez said he started documenting the band and it began to consume him. He'd be standing in front of the mirror in the morning tying his tie and getting ready for work, thinking about the photos he'd be taking of his friends that night. Sitting at his desk at work, he started clock-watching obsessively.

One day, the band booked a professional photographer to shoot its album cover. The guy never showed up and Villagomez filled in. "I think in that moment, I knew I just wanted to do photography," he said. "I knew this is what I want to do."

The following year, Villagomez married Anna, who he'd met on a trip to San Francisco, and the newlyweds were honeymooning in the Mayan Riviera when Anna got a message saying she'd gotten a job at Humboldt State University as a transfer and graduation counselor. "I was like, where's Humboldt?" Villagomez recalled, laughing and adding that the moment they decided to move to Humboldt was the moment he decided to make photography his profession.

continued on page 16 ►



Beach Adventure || 7:40pm || #Arcata #Humboldt



420 || 4:20pm || #Arcata #Humboldt



Honey Spoons || 1:30pm || If you see this girl around town please ask her if she can sing for you, she is awesome! #Arcata #Humboldt #California #HoneySpoons #Singer #GeometryIsEverywhere



Fearless || 6:45pm || #Arcata #Humboldt



Vaquitas || 8:15pm || #cows #Arcata

#Arcata24hr

continued from page 14

A handful of years later, Villagomez has a bustling business and even teaches some workshops on the side. "Things — they just went right," he said, adding that he's also fallen in love with Arcata. That love only grew on July 16.

Reflecting on the experience of roaming town, camera in hand, for 24 hours, Villagomez said he learned a lot. He learned that Arcata has way more homeless people living in it than he thought, like the couple he found sleeping under a children's play structure in a park. He learned the town has layers of beauty that are only brought out at certain times, like the golden rays peeking through the redwoods in the community forest at dusk or the glow of distant city lights peeking through the pre-dawn shadows of the Arcata marsh. As people reacted to his work in real time, tweeting him and stopping him on the street, he also learned that this community he was documenting was his. "I feel like I belong to Humboldt now," he said. That feeling is the very thing he hopes this project will pull out of those who view it. "If you can make someone feel something with your photo — it doesn't matter what it is — then you've got it." ●



Game Night || 11:00pm || #Arcata #Humboldt #California
#MicroBrewery #Beer



The Quick & Easy Boys || 11:59pm || Good Night Arcata! #TheQuickAndEasyBoys

**SINGING
TREE
GARDENS**
ARBORETUM
STYLE NURSERY

839-8777

5225 Dow's Prairie Rd.
McKinleyville

The World's Finest Outdoor Finish

PENOFIN
PENETRATING OIL FINISH

- ◆ BRAZILIAN ROSEWOOD OIL BASE
- ◆ PROTECTS AGAINST UV FADING
- ◆ RICH SELECTION OF COLORS
- ◆ LOW VOC AVAILABLE
- ◆ SUPERIOR MILDEW PROTECTION

**Almquist
lumber company**

YOUR SOURCE FOR
THE FINEST HARDWOODS &
WOOD WORKING SUPPLIES

5301 Boyd Rd., Arcata
Just off Giuntoli Lane at Hwy 299
www.almquistlumber.com
(707) 825-8880

SPRING CREEK SUPPLY

BULK SOIL SIMPLIFIED®

We Sell and Deliver
BULK SOIL

Up to 65 yards at a time

120 Northwestern Ave., Fortuna CA • (707) 726-7845

EMERALD HARVEST

Green Gro

Heritage Organics
PERFECT
POTTING SOIL
Natural & Organic
INDOOR-OUTDOOR GROWER'S MIX

BANDERA
U.S.A.

**Water &
Septic Tanks
& Culverts**

Sales & Service
Lic# 837004

1315 Fernbridge Dr., Fortuna
(707) 725-0228

Hensel's ACE Hardware
Benjamin Moore
Kitchen Store • Furniture • Appliances • Old Fashioned Candy Store

10% OFF*
FINAL PURCHASE PRICE
with this coupon

*Excludes power tools.
Not valid with other discounts.

(707) 822-2965
884 9th Street, Arcata

Joan Woodcock Insurance Services
725-1200

CA License #0E34152
1506A Main St.
Fortuna, CA 95540

I Can Help!
Medicare Supplements
Dental • Life • Rx

DON'S RENT-ALL
Rentals • Sales • Service

442-4575
916 Broadway • Eureka, CA
(Corner of Broadway and Washington)
toll free: 800 500-4575
www.donsrentall.com

DEALZ
BUY • SELL • TRADE

Simply bring in this coupon and receive
10% OFF ENTIRE PURCHASE

We do everything from hobbies and tools to coins and furniture
(707) 630-5001
5610 W End Rd • Arcata
Tue-Sat: 10:00 am - 6:00 pm

Clip & SAVE!

Shop Local At Moore's Sleepworld!

- We beat out-of-town prices
- Large selection in stock
- Test your mattress before you buy
- Get fit for a pillow

HSU & CR Student Discounts available!

50% OFF Selected Mattresses*

*Restrictions apply. See store for details.

MON - SAT 10 - 6 • SUN 11-5
www.mooreessleepworld.com

Arcata | Eureka | Fortuna
707-822-9997 | 707-444-2337 | 707-725-2222

MOORE'S SleepWorld

Great Selection, Low Prices, Friendly Service

Carpet Depot

Carpet • Hardwood • Laminate • Vinyl

(707) 442-3470
4485 Broadway, Eureka
www.thecarpetdepot.com

Mad River Gardens
Arcata, CA

3" layer of nutrient rich organic mulch reduces water usage by up to 30%

G&B ORGANICS
Soil Building Conditioner
BREAKS UP HARD CLAY SOILS

OPEN 7 DAYS A WEEK
Mon-Sat 9-6 • Sunday 9-5
822-7049 • 3384 Janes Rd., Arcata

ZAMORA'S New & Used FURNITURE

Futon sets
Wide variety of styles & colors \$250-\$689

Reasonable Prices, Free Delivery + We Buy Used Furniture

845-9148 • Corner of 6th & I, Arcata

SHADY LADY WINDOW COVERINGS & DESIGN

HunterDouglas
LET THE SUN SHINE IN savings event
JULY 18-SEPT 14, 2015

Silhouette® Window Shadings

\$100 Rebate!
WITH THE PURCHASE OF 2 SILHOUETTE WINDOW SHADINGS*
(Plus \$50 rebate per additional unit)

* Manufacturer's mail-in rebate offer valid for qualifying purchases made 7/18/15 - 9/14/15 from participating dealers in the U.S. only. A qualifying purchase is defined as a purchase of the product model set forth above in the quantity set forth above. If you purchase less than the specified quantity, you will not be entitled to a rebate. Offer excludes Nanometer™ Window Shadings, a collection of Silhouette Window Shadings. Rebate will be issued in the form of a prepaid reward card and mailed within 6 weeks of rebate claim receipt. Funds do not expire. Subject to applicable law, a \$2.00 monthly fee will be assessed against card balance 7 months after card issuance and each month thereafter. Additional limitations may apply. Ask participating dealer for details and rebate form. © 2015 Hunter Douglas. All rights reserved. All trademarks used herein are the property of Hunter Douglas.

HunterDouglas Gallery

Shady Lady Window Coverings & Design 405 Henderson St. Eureka 707.442.1500
www.shadylady.biz California Contractor's License #772848

Blinds Shutters Shades Shadings



Want something different?

- Industrial • Residential
- Secure • Durable
- Rust resistant
- Many colors



564 HWY. 36, FORTUNA

LICENSED-BONDED
CA CONTRACTOR #808339
RUSS@HUMBOLDTFENCE.COM

Blaze King



WOOD & GAS STOVES
FREESTANDING, INSERTS
AND ZERO CLEARANCE
KNOWLEDGEABLE STAFF

SEE OUR WORKING DISPLAYS
& COMPLETE SELECTION OF
PIPE, PADS AND ACCESSORIES



MON - FRI
9 TO 5:30

SAT
9 TO 5

**3950 JACOBS AVE.
EUREKA • 443-4851**

100% ORGANIC JUICE & SMOOTHIES

COFFEE • SANDWICHES • SALADS • SOUPS



GRAB & GO COLD-PRESSED JUICE

MON. TO SAT. 8AM-6PM SUN. 9AM-3PM

FIND US IN THE HISTORIC HUMBOLDT MACHINE WORKS BUILDING

933 I St. Arcata, CA. 707- 498-6903



Auto loans
up to
60 months

As Low As

1.99%

Instant
Pre-Approvals

Subject to credit approval.

CALIFORNIA
STATE & FEDERAL EMPLOYEES
**CREDIT
UNION**

State & Federal Employees • HCAR Employees
HSU Alumni • Humboldt Community Services District
Humboldt Fire District • Military & Family Member

Call for
more
information
443-8662

321 Wabash Ave. • Eureka
www.csfecu20.com





COBBLER: THE DESERT THAT CEDES CENTER STAGE TO THE FRUIT. PHOTO BY SIMONA CARINI

Got Fruit? Make Cobbler

By Simona Carini

tabletalk@northcoastjournal.com

My vegetable pipeline flows unimpeded in winter and spring. Brussel sprouts, various leafy greens, root vegetables, purple sprouting broccoli, leeks and spring onions provide ample material for dishes. And I always manage to stretch my stash of winter squashes until the early months of the year.

In the fruit department, on the other hand, come January, I start counting down the days to the first berries, cherries, peaches and plums. I dream of chain-eating blueberries, of biting into a ripe peach or plum, juice dripping down my fingers. I check blackberry bushes as if my look could somehow create berries on the bare brambles. When the longed-for fruit finally does arrive, I celebrate. Our household consumption of fresh fruit increases substantially and I use it everywhere I can, including in some savory dishes: Strawberries and raspberries brighten salads, peaches make an amazing frittata, and purple blackberry risotto appeals to both the eyes and the palate.

I also make cobbler. A light, crisp crust draped loosely over a deep layer of tender, juicy fruit: This, in a few words, is a cobbler.

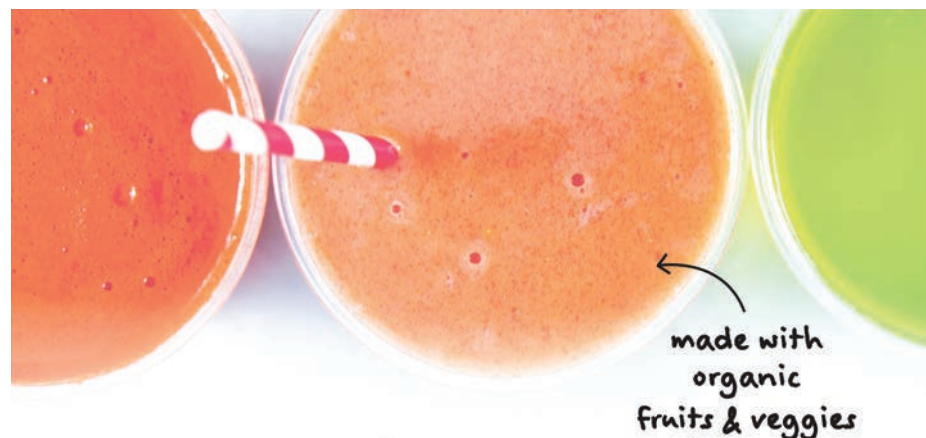
My first encounter with cobbler oc-

curred at a restaurant in Alpine County, in the Sierras, not long after I moved to California from Italy. My husband ordered it for dessert and I was intrigued by the golden, delicate topping balanced over a thick layer of deep purple berries. It was unlike anything I had ever encountered.

The cobbler concept inspires me because it gives the fruit center stage. The topping has a supporting role and should be slightly self-effacing. My cobbler — originally inspired by a recipe for apricot cobbler from *Gourmet* magazine — is rich in fruit and light in everything else, sugar in particular. I have made it with various types of fruit but the version I present here combines peaches and berries with some rhubarb, whose tartness provides a nice contrast. You can serve it as dessert, maybe accompanied by a dollop of ice cream. I like to serve it for breakfast, unaccompanied.

If you have the fruit available, preparing the cobbler takes little time and, since it is eaten warm, you don't have to wait long after taking it out of the oven to bring it to the table. The combination of flavors and textures is just about perfect.

continued on next page ►



new! juice bar

smoothies • fresh juices
6 flavors of kombucha on tap

Now in Arcata, Coming Soon to Eureka



Bring or Buy a Reusable Cup
Save 10¢ at the register



www.northcoast.coop
811 I St. Arcata • 25 4th St. Eureka

Mazzottis

FAMILY OWNED & OPERATED

**NEWLY RENOVATED
RE-OPENING IN OLD TOWN**

**OFFERING A COMPLETE
ITALIAN FOOD MENU**

ORGANIC PRODUCTS
EXCELLENT WINE & SPIRITS
FRESH SEAFOOD & STEAKS
DRINK SPECIALS & FULL BAR
STUDENT & SENIOR DISCOUNTS
FREE WIFI SPOT



305 F STREET • EUREKA
WWW.MAZZOTTIS.COM



OBERON GRILL

HAPPY HOUR
WEEKDAYS 4-6PM
FRI-SAT 9-11PM
\$5 MARTINI MENU

LUNCH • DINNER

OLD TOWN EUREKA
516 2ND ST. ♦ 443-3663
WWW.OBERONGRILL.COM

*Celebrating 27 Years
in Business*

Fresh Local Seafood
Extensive Salad Bar
Famous Seafood Chowder
Full Bar

316 E. ST.
OLD TOWN
EUREKA • 443-7187
OPEN: DINNER MON-SAT 5-9

Bayfront Restaurant

One F Street, Eureka, CA 443-7489
Open Daily 11-9:30pm | BayfrontRestaurant.net

Tandoori Bites
Indian Cuisine

Lunch Buffet \$9.99
11:30 to 3 (all you can eat)
Dinner Menu Service
5 to 9:30

Free delivery in Eureka & Arcata (\$30 or more)
1735 4th St. Eureka • 443-2080

TABLE TALK

continued from previous page

Peach, Berry and Rhubarb Cobbler

Serves 4-5

Ingredients and method:

For the filling

1 pound peaches, preferably organic
3 ½ ounces rhubarb
4 ounces blackberries or raspberries,

preferably organic

4 ounces blueberries, preferably organic
2 tablespoons sugar, preferably ultra-fine
1 teaspoon freshly squeezed lemon juice
½ teaspoon good quality vanilla extract
1 tablespoon cornstarch

For the topping

½ cup all-purpose flour
¼ cup whole-wheat pastry flour (I recommend locally grown and milled Foisy wheat)
¾ teaspoon baking powder
¼ teaspoon baking soda
1 pinch of fine sea salt
1 tablespoon sugar
2 tablespoons (1 ounce) cold unsalted butter, cut into small pieces
½ cup well-stirred buttermilk or kefir, possibly homemade

Prepare the filling

Wash, peel if possible (do not worry if some of the skin ends up in the mix), pit and slice the peaches in a 9 ½-inch glass or ceramic deep dish pie plate (1 ¾ inch deep). Keep slices to less than ½ inch thick. If the peach is large, cut slices crosswise.

Trim and dice rhubarb. To better distribute the distinctive rhubarb flavor, dice rather small (¼-⅜ inch).

Add the berries. Distribute the sugar, lemon juice and vanilla over the fruit and toss gently. Sprinkle the cornstarch over the fruit and, again, toss gently.

Prepare the topping

Place a rack in the middle of the oven. Heat the oven to 400 F.

Sift together in a bowl the first 6 ingredients of the topping. Rub the butter into the dry ingredients with your fingertips or use a pastry blender until the mixture resembles coarse meal.

Stir in the buttermilk or kefir with a fork until just combined. Do not overmix the batter.

Assemble and bake the cobbler

Make sure the layer of fruit in the pie plate is even. Drop the batter over the filling by tablespoons, leaving some space in between to allow the topping to expand.

Place in the oven and bake until the topping is golden, about 30 minutes.

Cool slightly, about 15 minutes, and serve warm. ●

Simona Carini also writes about her adventures in the kitchen on her blog www.pulcetta.com

Before You're Married for 23 Years

By Jennifer Savage

1 Children, money, sex and housework; these are the things you must come to agreement on.

2. The clichéd advice is often correct: Date nights, compliments, indulging his or her bids for attention — these all make a difference, as does the lack of them. The two of you (or more; shout-out to the polyamorous) like each other enough to have committed to, theoretically, a lifetime together, yes? So it makes sense you'd likewise prioritize committing a few hours each week to reinforcing and building your relationship. Important note: For this to work, you can't just call it "date night" and then spend the whole time revisiting disagreements or unleashing pent-up resentments. The key word is "date." If you need to converse about the bills, then create "bill night." If you need to talk about how he never puts the dishes away, arrange for a "household responsibilities" moment. If you need to communicate about her propensity for polishing off a bottle of wine nightly, make an appointment with a marriage counselor. Date night should be fun. *You must have fun together if you're going to keep hanging out for years and years!* Think about what the other person enjoys and get creative. If he or she is crazy busy all the time, maybe a simple dinner out is the best option, but don't overlook the bonding that can happen over doing something physical or learning something new together. Dance lessons, cooking classes, agate hunting, a book club for two — choose your own adventure. It can be simple; a couple I adore has a "cheese board moment," where they put together a lovely assortment of snacks and then sit, snack and talk. Simple! Fancy! Your options are limited only by your imagination and joint preferences. What's not negotiable is this: Focus on your partner and put your phone away.

3. If one of you is an asshole, this won't work. Don't be an asshole. If you're married to an asshole, get out.

4. Kindness and generosity. Kindness and generosity. Kindness and generosity. Be kind: Assume the other person has good intent. He's not really trying to make

you crazy by constantly asking what seem like ridiculous questions when you're trying to double down on a writing project. He just can't find the spatula and has no one else to turn to for help. She doesn't mean to set your teeth on edge when she uses phrases you despise. Repeatedly. Refrain from yelling, "Jesus Christ, would you stop?" Refrain from yelling, generally. Try, "Hey babe, this might sound petty, but it's important to me that you unload the goddamn dishwasher from time to time —" Wait, that's not quite right. But you get the drift. Part of kindness is being generous with your attention. Yes, you've had a long day and now he wants to show you some baseball highlight when all you want to do is finish the crossword (YOLO). Give him those few minutes anyway. On the flipside, be aware of demanding too much attention from your partner. He or she is not responsible for entertaining you at all times. Sometimes kindness is taking care of your own needs.

5. Despite the title of this column, the goal is not longevity; it's love. More marriages end in divorce than last — which is OK, as we're all trying to figure out life and love and compatibility and sometimes that's the direction that's necessary — and, according to people who study this stuff for a living, relatively few marriages are happy and healthy. Staying together to stay together means little. If you've been together for 23 years but 21.5 of those have been miserable, then wow, what a waste of life. If you're unhappy on a regular basis, fix it sooner rather than later. Talk. If you can't talk, get to a counselor. If you had a broken arm, you'd go to a doctor, right? If you have a broken relationship, it's okay to find a professional someone to assist in mending it.

BONUS: People get married, so hence the advice, but marriage is just one kind of relationship — a benefit of our modern times is that the social structures that made marriage more of a necessity have shifted. So get married if you want to (shout-out to #LoveWins!) or rock the single life if it suits you. But aim for kindness and generosity regardless.



Mateel Community Center Presents

REGGAE ON THE RIVER 2015

WIN

FOUR, 4-DAY PASSES

VISIT THE NORTH COAST JOURNAL FACEBOOK PAGE FOR CONTEST DETAILS

CONTEST BROUGHT TO YOU BY:

THE Peg House Grill

FREE BUMPER STICKER FOR ALL FESTIVAL GOERS. (\$10 value)

Never Don't Stop The Peg House
thepeghouse@hughes.net
www.thepeghouse.net

Sunset loves us!
Best Burger on the West Coast feature in Sunset Magazine

69501 HWY 101, Leggett, CA • thepeghouse.net
Open everyday, 7am till 9pm or when the music stops!

THE ORIGINAL • SINCE 2002

Humboldt

CLOTHING CO.

NEW CaliGirl design
just arrived, available on Mens tees,
and Womens Tank Tops.



987 H ST Arcata (707) 822-3090
Bayshore Mall Eureka (707) 476-0400

f or shop online at www.humboldtclothing.com

music & more

LIVE ENTERTAINMENT GRID

ARCATA + NORTH

EUREKA + SOUTH ON NEXT PAGE ►

venue	thur 7/23	fri 7/24	sat 7/25	sun 7/26	m-t-w 7/27-29
THE ALIBI 822-3731 744 Ninth St., Arcata			Filthy Still (bluegrass punk) 11pm \$5		
ARCATA THEATRE LOUNGE 1036 G St., 822-1220	House of 1,000 Corpses (film) 8pm \$5			Frozen (film) 6pm \$5, All Ages	[W] Sci-Fi Night ft. Freaks 7:30pm Free w/\$5 food/bev, All Ages [M] Quiz Night 7pm Free [T] Human Expression Night 7pm Free [W] Local Music Showcase 7pm Free
BLONDIES 822-3453 420 E. California Ave., Arcata	Open Mic 7pm Free	El Haru Kuroi (Nueva tropicalia) TBA	Major Minus (rock) TBA	Jazz Night 7pm Free	
BLUE LAKE CASINO WAVE LOUNGE 668-9770 777 Casino Way	Karaoke w/KJ Leonard 8pm Free	Jimi Jeff (dance, soul) 9pm Free	NightHawk (dance hits) 9pm Free	Karaoke w/KJ Leonard 8pm Free	
CENTRAL STATION 839-2015 1631 Central Ave., McKinleyville	Open Mic w/Jimi Jeff 8pm Free	Karaoke w/Rock Star 9pm Free			
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 677-3611 27 Scenic Drive, Trinidad		Monahan, Martin & Sleep (rock, soul) 9pm Free	Pressure Anya (DJ music) 9pm Free	Karaoke w/Chris Clay 8pm Free	[T] Karaoke w/Chris Clay 8pm Free
CLAM BEACH INN 839-0545 4611 Central Ave., McKinleyville		Kindred Spirits (bluegrass) 10pm Free			
CRUSH 825-0390 1101 H St. #3, Arcata			Jim & John (acoustic) 6pm Free		
FIELDBROOK FAMILY MARKET 4636 Fieldbrook Road, 839-0521		Friday Night Music 7pm Free	Acoustic Night Saturdays 6pm Free	Summer Tropical Oasis ft. DJ D'Vinity, Gabe Pressure, Marjo Lak and Zero One 4pm-8pm Free	
HUMBOLDT BREWS , 826-2739 856 10th St., Arcata					[M] Wasted Sea Star benefit ft. Thursday Night Bluegrass 6pm Free [W] The Meat Puppets (punk rock) 9:30pm \$20, \$17 adv.
HUMBOLDT MACHINE WORKS 937 10th St., Arcata, 826-WINE	Roots & Culture Reggae 9pm Free				[W] Salsa! (lessons + dance) 9pm \$5
HUMBOLDT STATE UNIVERSITY 1 Harpst St., Arcata 826-3928		Van Duzer: Afro-Cuban Music and Dance 8pm \$10			
JAMBALAYA 822-4766 915 H St., Arcata		Club Triangle (DJs, drag show) 9pm \$5	'80s Night (DJ music) 9:30pm Free	DGS Sundaze (EDM DJs) 9pm \$5	[M] The GetDown (funk) 9pm [T] Ghostwriter w/The Bored Again (folk-punk) 10pm \$5 [W] The Whomp (DJs) 9pm \$5
LARRUPIN 822-4766 1658 Patricks Point Drive, Trinidad		Blue Lotus Jazz 6pm Free			[W] Aber Miller (jazz) 6pm Free



Get into "Beast Mode"
this summer with the
chance to win this

DODGE®
Ram
Cummins®
DIESEL CREW CAB 4X4

We'll even cover the taxes and license fees.
Plus, more great prizes are up for grabs all
summer long leading up to the big giveaway.

Complete details at the Crown Club. Earn an entry for the drawings with every 300 points earned. Vehicle color, make and model may vary. No cash option. Limit one bonus drawing prize per individual, per promotional day. Tickets drawn during bonus drawings will be returned to the barrel for the Grand Prize drawing on July 31.



BONUS DRAWINGS:
FRIDAYS IN MAY
6 PM TO 9 PM
GRAND PRIZE
DRAWING:
FRIDAY,
JULY 31 | 10 PM

27 SCENIC DRIVE • TRINIDAD, CA 95570 • OFF HWY 101
707-677-3611 • 800-684-2464 • WWW.CHERAEHEIGHTSCASINO.COM • FREE SHUTTLE

Management reserves the right to change or cancel any promotion at any time. Bet with your head, not over it. Gambling problem? Call 1-800-522-4700.

MONDAYS

MONDAYS

BRING A FRIEND

MONDAYS

MONDAYS

MONDAYS

9 AM TO 11 PM

Current & New Member Bonuses!

Complete details at the Crown Club. Limit one new member sign up per day.



arcata • blue lake • mckinleyville
trinidad • willow creek

clubs, concerts
and cafés

Submit your
events online!
Deadline noon Friday



venue	thur 7/23	fri 7/24	sat 7/25	sun 7/26	m-t-w 7/27-29
LIBATION 825-7596 761 Eighth St., Arcata	Claire Bent (jazz) 7pm Free	Brian Post and Susie Laraine (jazz) 7pm Free	Jason Hall (jazz) 7pm Free		[T] Buddy Reed (blues) 7pm Free
LIGHTHOUSE GRILL 677-0077 355 Main St., Trinidad				JD Jeffries, Michael Stewart (classics) 5pm-7pm Free	
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake		El Haru Kuroi (Nueva Tropicália) 9pm Free	The Siskiyou County Homewreckers (mountain jam) 9pm Free	Potluck (food) 6pm Free	[W] Turtle Races 8pm Free
MAD RIVER BREWERY 101 Taylor Way, Blue Lake 668-5680	Jim Lahman Band (blues, jazz, rock) 6pm Free	Cloudship (Americana, rock) 6pm Free	Cadillac Ranch (country rock) 6pm Free	Show and Shine (show your ride) noon-3pm Free	[T] Blue Lotus Jazz (jazz) 6pm Free [W] RLA Band (jazz) 6pm Free
NORTHTOWN COFFEE 1603 G St., Arcata 633-6187		Open Mic w/Jeremy Bursich 7pm Free			
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad					[M] Dancehall Mondayz w/Rudelion 8pm \$5
PERIGOT PARK 312 South Railroad Ave., Blue Lake			Blue Lake Music Festival: Woven Roots, Miracle Show, et al. 11am Donation		
REDWOOD CURTAIN BREW 550 South G St. #6, Arcata 826-7222	Cloudship (Americana, rock) 8pm Free		The Secret Club (eclectic) 8pm Free		[M] Open Bluegrass Jam 6pm Free
RICHARDS' GOAT TAVERN 401 I St., Arcata 630-5000		Queer Vibes w/DJ Pandemonium Jones, Loko Ono & Sloppy Jane 9pm \$5	Head (film) 3:30pm, 5:30pm, 7:30pm \$7, \$5 matinee	Head (film) 3:30pm, 5:30pm, 7:30pm \$7, \$5 matinee Karaoke Nights 9:30pm Free	[T] Bomba Sonido w/Gabe Pressure & Zero Juan (tropical beats) 8pm Free
THE SANCTUARY 822-0898 1301 J St., Arcata		The Fire (Celtic) 8pm \$10-\$20 sliding	Andrew Weathers Ensemble, Medicine Baul (folk, blues) 7:30pm \$5-\$20 sliding		
SIDELINES 822-0919 732 Ninth St., Arcata	Rudelion Sound (DJ) 10pm TBA	DJ Music 10pm TBA	Sidelines Saturdays w/Rudelion 10pm TBA		
SIX RIVERS BREWERY 839-7580 Central Ave., McKinleyville	Brother Grand (psych-folk) 9pm Free	Jenni & David and The Sweet Soul Band 9pm Free	Hello Dollface (blues) 9pm Free	Trivia Night 8pm Free	[M] Karaoke w/DJ Marv 8pm Free
TOBY & JACKS 822-4198 764 Ninth St., Arcata		Hip-hop DJs 9pm Free	DJ Music 10pm Free		[W] Reggae Wednesdayz w/Rudelion 10pm Free

Dottie Mays Closet
CLOTHING BOUTIQUE
& GIFT SHOP



Hidden @ 819 J St., Arcata
Tues-Sun 11-8
www.dottiemayscloset.com

f t i



**The Only
Alibi You'll
Ever Need!**

Open Daily
8am - 2am



744 9th St. on the Arcata Plaza
822-3731
www.thealibi.com

f

**We ship
wine**



FRAGILE

POST-HASTE
SHIPPING • MAILBOXES • NOTARY

600 F St • Arcata • M-F 8:30-6 • Sat 9-5
825-8295 www.posthastemail.com

FedEx **UNITED STATES POSTAL SERVICE** **FedEx**
Authorized ShipCenter Approved Shipper Ground



**BULK SOIL
COMPOST
EARTHWORM CASTINGS**

The Heart and Soul of Humboldt
825-1225 /// 4651 West End Rd. Arcata, CA

NORTH COAST JOURNAL
**COCKTAIL
COMPASS**

**100+ BARS
80+ HAPPY HOURS**

NORTHCOASTJOURNAL.COM
/COCKTAILCOMPASS



**Trim Scene
Solutions, Inc.**
Harvest Headquarters & Glass Gallery



For all your trimming, extracting
and functional art needs
trimscene.com
1911 Barnett Court, Suite 6
Redway, CA 95560
(707) 923-9319

f i

**Low Cost
215 Evaluation
Center**
All Renewals Starting At
\$80
**Renew Your 215
From Any Doctor
or Clinic For Less**
Walk-ins Welcome
Wed & Sat 11-5pm
**Special discount
for Seniors, SSI,
Veterans & Students**
Natural Wellness Center

MC²
New Patients
ONLY
\$90
Lowest Price
Evaluations in
HumCo

**Medical Cannabis
Consultants (707) 407-0527**
508 I Street, Eureka
(across from HC Court House)

music & more

LIVE ENTERTAINMENT GRID

EUREKA + SOUTH

◀ ARCATA + NORTH ON PREVIOUS PAGE

Venue	thur 7/23	fri 7/24	sat 7/25	sun 7/26	m-t-w 7/27-29
BAR-FLY PUB 443-3770 91 Commercial St., Eureka		Bar-Fly Karaoke 9pm Free	DJ Saturdays 10pm Free		[W] Bar-Fly Karaoke 9pm Free
BEAR RIVER CASINO 733-9644 11 Bear Paws Way, Loleta	Karaoke w/Chris Clay 8pm Free	Hot Rods (oldies) 9pm Free	Hot Rods (oldies) 9pm Free		
BENBOW INN 923-2124 445 Lake Benbow Drive, Benbow	Paco Martin and Friends (Latin music) 6:30pm Free	Paco Martin and Friends (Latin music) 6:30pm Free			[T, W] Paco Martin and Friends (Latin music) 6:30pm Free
C STREET MARKET SQUARE Foot of C Street, Eureka	Candelaria (Cumbia) 6pm Free				
CALICO'S CAFE 923-2253 808 Redwood Drive, Garberville			Frisky Brisket (violin, guitar) 7pm Free	Jen Tal and The HuZBand (acoustic duo) 6:30pm Free	
CHAPALA CAFÉ 443-9514 201 Second St., Eureka		The Tumbleweeds (cowboy) 6-8pm Free	The Tumbleweeds (cowboy) 6-8pm Free		
CURLEY'S FULL CIRCLE 460 Main St., Ferndale 786-9696					[W] Open Mic 6pm Free
EMPIRE LOUNGE 798-6498 415 Fifth St., Eureka					[W] Karaoke at the Cantina 6pm \$2 All Ages
EUREKA INN PALM LOUNGE 518 Seventh St. 497-6093					[T] The Overstimulators! (blues comedy) 9pm Free [W] Comedy Open Mikey 9pm Free
EUREKA THEATER 612 F St., 845-8795		<i>The Princess Bride</i> (film) 7:30pm \$8, \$5 advance	<i>My Neighbor Totoro</i> (film) 7pm Free		
FERNBRIDGE MARKET RIDGETOP CAFE 623 Fernbridge Dr., Fortuna, 786-3900					[M] Open Mic 5:30pm Free
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish) 6pm Free	Pappa Paul (folk) 6pm Free			
GARBERVILLE THEATER 923-3580 766 Redwood St., Garberville			Giggles In Garberville (clean show) 6pm, (late show) 9pm \$20, \$15 adv		
LIL' RED LION 444-1344 1506 Fifth St., Eureka			Karaoke w/DJ Will 9pm Free	Karaoke w/DJ Will 8pm Free	Pool Tournament 7pm \$5
MATTOLE GRANGE 629-3421 36512 Mattole Road, Petrolia			Roll on the Mattole ft. Delta Nove, Indubious, NPK, Cold Blue Water noon-midnight \$24, \$20		

LIVE ENTERTAINMENT & EVENTS

FRIDAYS & SATURDAYS | 9PM - 1AM
FEATURED LIVE MUSIC

THURSDAYS | 8PM
KARAOKE WITH CHRIS CLAY

HAPPY HOUR | 5PM - 7PM
7 DAYS A WEEK!

7.24 HOT RODS
Oldies

7.25 HOT RODS
Oldies

7.31 JENNI AND DAVID
& THE SWEET SOUL BAND
Blues

8.1 DOUG FIR AND THE 2X4'S
Classic Rock

8.7 DR. SQUID
Pop/Rock/Dance Hits

8.8 THE ROADMASTERS
Classic Country

8.14 THE UNDERCOVERS
Classic Rock/Top 40s

8.15 THE UPTOWN KINGS
Blues

Thirsty Bear
LOUNGE

THIS PARTY WOULDN'T BE
THE SAME WITHOUT YOU!
JOIN US AUGUST 10TH | ALL DAY!

CELEBRATING
10 Years
ANNIVERSARY

LIVE MUSIC BY
NIGHTHAWK
8PM - 12 Midnight
Ballroom

LIGHTNING BOOM
PRODUCTIONS DJ
8PM - 12 Midnight
Thirsty Bear Lounge

DIAMOND JEWELRY GIVEAWAYS*
Every Half Hour 4:30 - 9PM | Main Casino Area

Plus, Other Exciting Festivities All Day Long!

* See Casino Services for details.

800.761.2327
bearrivercasino.com

BEAR RIVER
CASINO & HOTEL

11 Bear Paws Way
Loleta, CA 95551

Must be 21 years or older to enter Casino, or must be accompanied by an adult. Event and promotional details are subject to change without notice. Management reserves all rights.

FABULOUS
Tiptop

**ROUSEY VS
CORREIA**
UFC 190
WORLD BANTAMWEIGHT CHAMPIONSHIP

**RHONDA ROUSEY
VS
BETHE CORREIA**
SATURDAY AUGUST 1ST
VIEWING ON 6 SCREENS
FREE LIMO PICK-UP
FREE COVER
VIP SEATING
AVAILABLE

(Stage entertainment begins after
completion of main event)

LIKE US ON FACEBOOK!

FABULOUSTIPTOP.COM
CLUB: 443-5696 BAR: 443-6923
King Salmon Exit, Hwy. 101, Eureka

eureka • fernbridge • ferndale • fortuna
garberville • loleta • redway

clubs, concerts
and cafés

Find live music
and more!



venue	thur 7/23	fri 7/24	sat 7/25	sun 7/26	m-t-w 7/27-29
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600				Hillbilly Gospel Jam 2pm-4pm Free	[W] Open Mic w/Mike Anderson 7pm Free
PEARL LOUNGE 444-2017 507 Second St., Eureka	Pressure Anya Dirty Thursdays (DJ music) 9pm Free	D'Vinity (DJ music) 10pm Free	Itchie Fingaz (DJ music) 10pm Free		
PERSIMMONS GALLERY 923-2748 1055 Redway Drive, Redway	The HumBros w/Berel Alexander (fusion, R&B, soul) 7:30pm Free	EZ Money (blues, rock) 7:30pm Free			
SHAMUS T BONES 407-3550 191 Truesdale St., Eureka		Hot Summer Nights (DJ music) 10pm Free			
THE SHANTY 444-2053 213 Third St., Eureka					[W] Ghostwriter w/The Bored Again and Cliff Dallas and the Death Valley Troubadours 9pm \$2 [M] K&C Garbage Factory & Stranger Than Fact 9pm \$3 [T] Signals (Latin death rock) 8pm Free [T] The Opera Alley Cats (jazz) 7:30pm Free [W] No Covers and USGGO (jazz) 7pm Free
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778	El Haru Kuroi (Nueva Tropicália) 9pm TBA				
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244		Eureka Pizza Council (jazz) 8:30pm Free	Buddy Reed and the Rip It Ups (blues) 10pm Free		

WHO: The Fire
WHEN: Friday, July 24, 7:30 p.m.
WHERE: The Sanctuary
TICKETS: \$10-\$20, all ages

PHOTO
COURTESY OF
THE ARTIST



HAPPY HOUR
4-6PM DAILY



\$2⁵⁰

HUMBOLDT DISTILLERY
VODKA MARTINI
BOMBAY MARTINI
JIM BEAM MANHATTAN

25% OFF ALL DRINKS,
EXCEPT TOP SHELF SPIRITS

· AND ·

ASK ABOUT OUR WEEKLY
½ OFF BAR MENU ITEMS

.....

RESTAURANT 301 &
CARTER HOUSE INNS
301 L St, EUREKA
(707) 444-8062
CARTERHOUSE.COM



RAMONE'S
Bakery & Cafe

NOT YOUR AVERAGE GRANOLA!

Start your day with whole rolled oats, nuts
and dried fruit, orange zest & coconut chips...
Granola in a bowl to go, a yogurt parfait,
or a one-pound bag for breakfast at home.



OPEN
DAILY

At Wildberries Marketplace, Arcata • 826-1088
209 E St., Eureka • 445-2923 • 2297 Harrison Ave., Eureka • 442-1336
At Pierson's in Eureka • 476-0401
McKinleyville Shopping Center • 839-3583
RAMONESBAKERY.COM

Scenic Views ~ Bird Life ~ Harbor Seals ~ Oyster Harvesting ~ History ~ Relaxing ~ Fun

75 min Narrated Cruises
Departs daily

Cocktail Cruise
Departs Wed-Sat 5:30PM

Eco Cruise
Sunday 11AM



For more info and to book a cruise go to humboldt-bay-maritime-museum.com ~ 445-1910

THE HONEYDEW VOLUNTEER FIRE COMPANY PRESENTS
THE 26TH ANNUAL
ROLL ON THE MATTOLE
SATURDAY JULY, 25 2015 12PM-12AM AT THE MATTOLE GRANGE-36512 MATTOLE RD. PETROLIA, CA

WITH MC JENNIFER SAVAGE
LIVE MUSIC BY

DELTA NOVÉ

INDUBIOUS NPK COLD BLUE WATER
LOST COAST MARIMBAS BLAZE&BLUE
DJ MARJO LAK PTOWN FREAKS AVIATE REVELATOR

A FUNDRAISER FOR THE HONEYDEW VOLUNTEER FIRE COMPANY

WILDLAND FIREFIGHTER CHALLENGE • FOOD & DRINKS • LOCAL CRAFT VENDORS
KID ZONE • DANCING • FAMILY FUN

\$25 ADULTS • \$20 STUDENTS & SENIORS • CHILDREN UNDER 12 FREE WITH ADULT
NO GLASS CONTAINERS • NO DOGS • NO SHADED PARKING

MANY THANKS TO OUR SPONSORS



KHUM



APEX
NORTH

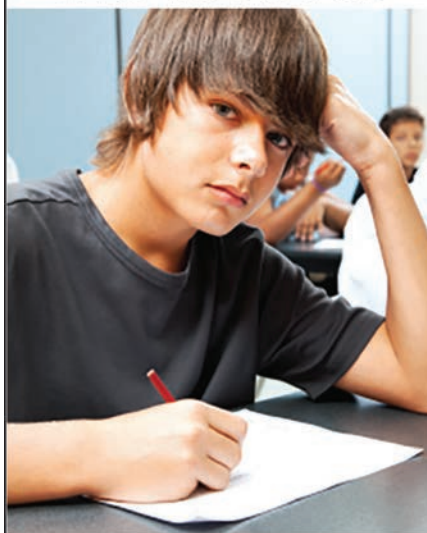


FRESH FROM
OUR ROASTER TO
YOUR MUG



211 F STREET EUREKA • 445-8600
Coffeehouse & Roasting Co.

Change a
life forever



Teach kids that their communities care about them. Become a foster parent. Foster parents are needed throughout Humboldt County. Stipends and other supports are provided.

If there's room in your home for a child or teen, please call
707-499-3410



THE SETLIST

Bruised and Content

A look back,
a look ahead

By Jennifer Savage

thesetlist@northcoastjournal.com

As promised, the Rubberneckers' reunion show was all that and then some. Half original members plus half longtime local rockers incorporated into the madness equaled a whole lot of fun. The nostalgia, celebration and pure love had the crowd in a frenzy. Tainted Zucchini featured butt cheeks and body writing. Three sheriff's deputies showed up. The energy ramped up into a mosh pit early on — which, for me, was the only downer. Well, that, and losing my phone. I can appreciate the gleeful bouncing off strangers who are also caught up in musical abandon — and many people love that shit — but I dislike the aggression that inevitably follows. I want to be lost in the experience of seeing a band I love, not distracted by a need to throw elbows in self-defense. But I was in the minority; most of my friends were thrilled by the body slamming — and it's safe to say that everyone in the Logger was ecstatic over the gig. Nicely done, guys.

This week doesn't boast anything so profound, but we do have interesting options from traditional to riffing on tradition.

Friday

Celtic masters

The Fire, a duo consisting of **Rebecca Lomnicky** and **David Brewer**, returns to Arcata to perform a concert of Celtic music at The Sanctuary. Brewer is a renowned piper and whistle player, and a founding member of the band Molly's Revenge. Lomnicky has won international Scottish fiddling competitions since the age of 16 and has a solo recording, *The Call*. Brewer is also a talented guitarist and bodhran player. More at www.firescottishband.com. Doors at 7:30 p.m., tickets are \$10 to \$20 sliding scale, all ages.

Dress yourself up

Humboldt Pride ushers in a new era of Club Triangle with a "Heroes & Villains" theme — dress up as your favorite of



WHO: Ghostwriter

WHEN: Wednesday, July 29, 9 p.m.

WHERE: The Shanty

TICKETS: \$2

either. The action unfolds at the Jambalaya starting at 9 p.m., with a drag show at 10 p.m., followed by a dance party soundtracked by DJs **Joe-E** and **Pressure Anya Duo**. The \$5 cover benefits Humboldt Pride. 21-and-over.

Beyond definition

More "Queer Vibes" — defined "as a space meant for coming together to celebrate our various narratives, bodies, abilities, !!queerness!!, genders & non-genders" — at Richards' Goat with touring dance party bands **Loko Ono** and **Sloppy Jane**, plus resident DJ **Pandemonium Jones**. 9 p.m., cover is \$5, party is 18-and-over.

Saturday

Blue Lake jam session

The fourth annual **Blue Lake Music Festival** takes over Perigot Park with bands including **Woven Roots**, **The Miracle Show**, **Jimi Jeff and the Gypsy Band**, **Triple Junction**, **Shakey**, **The Movers and the Shakers**, and more, starting at noon and lasting till 9:30 p.m. There's no admission fee listed on the poster or the event site, but bring money for food, wine, beer and vendors.

The sound of a good time

Farmageddon Records' relentlessly touring **Filthy Still** brings what we'll call "bluegrass punk" from Providence, Rhode Island to our own little A-town at the Alibi — but to label it as a particular genre feels narrow minded. There are four of them at last count, a lap steel and drinking songs galore. The usual 'bi details: \$5, 11 p.m., 21-and-over.

Hot ticket

Meanwhile, down at the Mattole Valley Grange from noon to midnight, the 26th annual Roll on the Mattole gets underway with vendors, a kid zone, the ever-impressive wildland firefighter challenge (more info in this week's calendar) and music by **Delta Nove**, **Indubious**, **NPK**, **Cold Blue Water**, **Lost Coast Marimbas**, **Blaze & Blue**, **DJ Marjo Lak**, **Ptown Freaks**, **Aviate**

and **Revelator**. Tickets are \$25 adults, \$20 seniors and students, kids under 12 free with adult — no glass or dogs. Plenty of camping is available at A.W. Way County Park, but numbered campsites with fire pits, picnic tables or shade usually fill up by Thursday. Also, your odds of sleep as partying continues are questionable. And — oh! — yours truly is emceeing this blast.

Tuesday

Staycation

Richards' Goat hosts "**Bomba Sonido**," tropical beats with **Gabe Pressure** and **Juan Zero** starting at 9 p.m. Free, 21-and-over.

Tuesday/Wednesday

Big act, little venues

San Antonio's punk-folk troubadour **Ghostwriter** has opened for cultural icons including Nick Cave and the Bad Seeds and T-Model Ford, which is some serious credibility. You can see him play twice this week, on Tuesday at the Jambalaya with **The Bored Again** — 10 p.m., \$5 — and on Wednesday at the Shanty with **The Bored Again** and the addition of **Cliff Dallas and the Death Valley Troubadours** — 9 p.m., \$2. Both shows are 21-and-over.

Mosh On

Desert punk psych-tinged veteran rockers the **Meat Puppets** return to Humboldt Brews at 9:30 p.m. The band's last show there had a rollicking mosh pit, so lace up your Docs and prepare to get shoved. \$17, 21-and-over.

Etc.

Full show listings in the *Journal's* Music and More grid, the Eight Days a Week calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com.

Mateel Community Center Presents

JULY 30 – AUGUST 2

THE 31ST ANNUAL **REGGAE ON THE RIVER** 2015

AT FRENCH'S CAMP HUMBOLDT COUNTY

LOCATED 10 MILES SOUTH OF GARBERVILLE, CA ON HWY 101

3-DAY MAIN EVENT PASS- \$200

4-DAY EARLY ARRIVAL TICKET- \$250

ALL NEW! AMBASSADOR PASS- \$500

Featuring

**STEPHEN "RAGGA" MARLEY
CHAM ~ ALBOROSIE & THE SHENGEN CLAN
TARRUS RILEY & BLAK SOIL ~ PROTOJE & THE INDIGNATION
CE'CILE ~ COLLIE BUDDZ ~ NAHKO AND MEDICINE FOR THE PEOPLE
GHETTO YOUTHS INTERNATIONAL** FEATURING CHRISTOPHER ELLIS JO MERSA
BLACK-AM-I & WAYNE MARSHALL
**EMMANUEL JAL ~ THE CONGOS ~ KATCHAFIRE ~ STICK FIGURE
EXCO LEVI ~ ALERTA KAMARADA ~ BASSEKOU KOUYATE & NGONI BA
AARADHNA ~ INNA VISION ~ LIOR BEN-HUR ~ EMPRESS UNIFICATION ~ REGGAE ANGELS
JUICE ~ PLUS TOP DJs AND SOUND SYSTEMS!**

EXCLUSIVE SETS ON THURSDAY, JULY 30 FOR 4 DAY TICKET HOLDERS!

**KING JAMMYS ~ FORTUNATE YOUTH ~ MR WILLIAMZ ~ HIRIE
SOLUTION ~ PYRX BAND ~ IRIE FUSE ~ IYA TERRA & MORE!**

**OVER 60
NON-PROFIT
FOOD AND CRAFT
VENDORS**

**TOOLS FOR
CHANGE PROGRAM
PLEASE BRING A
NEW OR USED
TOOL TO DONATE!**



#REGGAEONThERIVER @MATEELCC INFO- 707.923.3368

Tickets Now On Sale at ReggaeOnTheRiver.com



The hotdog days of summer continue with **Wildwood Days in Rio Dell** from **Wednesday, July 29 through Aug. 2**. Five days of fun start with a **car cruise and show at 5:30 p.m.** at DJ's Burger Bar (free, \$8 barbecue), **kids games and firetruck rides** on Thursday, a **rib cook-off** Friday, an **arts and crafts fair** and **parade** on Saturday and a **firefighters' barbecue** on Sunday.



Watch talented artists create masterpieces at the **Sand Sculpture Festival** at the **Manila Community Center, July 25 from 8 a.m. to 3 p.m.** They really know how to pack 'em in at this event, which benefits Friends of the Dunes' school education programs (free to watch, \$10-\$15 entry fee).

My, oh my, it's time for pie! The **Westhaven Blackberry Festival** at **Westhaven Fire Hall, July 26 from 10 a.m. to 5 p.m.** satisfies all your



cravings with burgers, beverages, pies and jams made from the sweetest berries on the vine. Cruise booths and listen to music by Monahan, Martin & Sleep (free entry).

8 DAYS A WEEK

23 thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

MOVIES

House of 1,000 Corpses. 8 p.m. Arcata Theatre Lounge, 1036 G St. An empty fuel tank and a flat tire lead two couples down a terror-riddled road. \$5. www.arcata-theatre.com.

Breaking Down the Box. 6-8 p.m. Humboldt Unitarian Universalist Fellowship, 24 Fellowship Way, Bayside. Join PARC, radio host Sista Soul and the UU Social Action Committee for this film on solitary confinement. Refreshments and after-film discussion. Free. phsreachingout@gmail.com. 442-7465.

MUSIC

Summer Concert Series. 6 p.m. C Street Market Square, Foot of C Street, Eureka. Open-air music on Eureka's waterfront. Free. www.eurekamainstreet.org/node/866.

Women Singing in Harmony. 6-8 p.m. Church of Jesus Christ of Latter-Day Saints, 2806 Dolbeer St., Eureka. A cappella chorus singing four-part harmony. All voice parts welcome. Drop by to listen or sing. Free. 601-8219.

THEATER

Always A Bridesmaid. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. Four friends keep their prom-night promise to be in each other's weddings — no matter what. \$16, \$12 regular shows, see www.ncrt.net for special show pricing.

One Man, Two Guvnors. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. Set in Brighton, England in 1963, the play follows Francis Henshall with two bosses and all kinds of gangster drama. \$15, Fri-Sun, \$10 Thurs.

FOR KIDS

Pre-School Storytime. 10-10:45 a.m. Trinidad Library, 380 Janis Court. Listen to stories and songs every Thursday morning. Different themes every week. Free. kmullen@co.humboldt.ca.us. 677-0227.

FOOD

Cooking with Commodities and Produce. 12-1 p.m. North Coast Co-op, Eureka, 25 Fourth St. Learn how to prepare delicious, healthy, low-cost meals using food pantry items. Participants will also get to try a sample of each dish. Free. cculps@foodforpeople.org. www.northcoastco-op.com. 445-3166.

Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. Fresh local produce, straight from the farmer. www.humfarm.org. 441-9999.

SPORTS

Humboldt B-52s Baseball. 7 p.m. Bomber Field, Redwood Acres, Eureka. The semi-professional team swings away. \$5, \$3 kids under 10, free for kids under 4.

ETC

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and fiber artists to socialize and work on projects. 442-9276.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

24 friday

DANCE

World Dance. 8-10 p.m. St. Alban's Episcopal Church, 1675 Chester Ave., Arcata. Humboldt Folk Dancers sponsor teaching and request dancing. \$3. g-b-deja@sbcglobal.net. www.stalbansarcata.org. 839-3665.

MOVIES

Fourth Friday Flix: The Princess Bride. 7:30 p.m. Eureka Theater, 612 F St. Haven't seen this classic on the big screen? Or at all? Inconceivable. Scratch this one off your bucket list. Cocktails at 6:30 p.m. \$8, \$5 advance. www.theeurekatheater.org.

MUSIC

Afro-Cuban Music and Dance. 8 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Enjoy a high-octane show featuring advanced students and faculty. \$10. 826-3731.

The Fire. 8 p.m. The Sanctuary, 1301 J St., Arcata. Celtic music \$10-\$20 sliding.

THEATER

Il Matrimonio Segreto. 7 p.m. Redwood Park, top of 14th Street, Arcata. Love, intrigue, secret marriages and a healthy dose of comedy are all part of this traditional European opera. Part of the Ink People's annual Plays in the Park. \$12, \$10 advance.

Always A Bridesmaid. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See July 23 listing.

One Man, Two Guvnors. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See July 23 listing.

EVENTS

Eureka Gem Faire. 12-6 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Peruse jewelry, gemstones, beads, crystals, gold and silver, minerals and more from international exhibitors. \$5 weekend pass. info@gemfaire.com. www.gemfaire.com. (503) 252-8300.

Fortuna Redwood AutoXpo. City of Fortuna, Various city locations. In its 25th year, this event features classic cars on parade, craft boutiques, contests and more. Free. chamber@sunnyfortuna.com. www.redwoodautoxpo.com. 725-3916.

FOOD

Garberville Farmers Market. 11 a.m.-3 p.m. Garberville Town Square, Church Street. Local farm-fresh produce, meats, cheeses, baked goods and other specialty foods. EBT, Cal-Fresh and WIC accepted. SoHumFM@Yahoo.com. 786-9460.

Nearly Local Day. 11:30 a.m. Humboldt Senior Resource Center, 1910 California St., Eureka. Also, Humboldt Senior Resource Center, 321 Martin Luther King Jr. Parkway, Arcata. Enjoy a taco salad with local beef, cheese, chips, salsa and more, including strawberries for dessert. All are welcome. \$6, \$3.50 ages 60 and older. 825-2027.

SPORTS

BMX Friday. 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris Street, Eureka. Bring your bike for BMX practice and racing. Wear long sleeves and pants. \$2 practice, \$5 ribbon race. <https://www.facebook.com/RedwoodEmpireBmx>. 407-9222.

Humboldt Crabs Baseball. 7 p.m. Arcata Ball Park, Ninth and F streets. The oldest continuously operated summer collegiate baseball program takes the plate. \$9.

\$6 students and seniors, \$4 kids under 12. contact@humboldtcrabs.com. www.humboldtcrabs.com. 826-2333.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

25saturday

ART

Hand Quilting. 1-3 p.m. Clarke Historical Museum, Third and E streets, Eureka. Redwood Empire Quilt Guild members Judy DeGraff and Diane Bowers demonstrate their skills. Free. www.clarkemuseum.org.

MOVIES

Head. 3:30, 5:30 & 7:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. The Miniplex Cinema grand opening featuring the Monkees' bizarre, career-ending collaboration with Jack Nicholson. \$5 matinee, \$7 evening. www.richardsgoat.com.

Movies Under the Mural. 9-11 p.m. Los Bagels, Arcata, 1061 I St. Bring your own seating and blankets and enjoy free popcorn and a big screen in the parking lot and under the stars. Featuring Disney's *Home Alone*. Free. brandon@losbagels.com. www.losbagels.com. 822-3483.

My Neighbor Totoro. 7 p.m. Eureka Theater, 612 F St. The Eureka Theater and Humboldt-Del Norte Film Commission present Hayao Miyazaki's animated classic about squeaky-worthy woodland spirits. Free. www.theeurekateater.org.

MUSIC

Andrew Weathers Ensemble and Medicine Baul. 7:30-10 p.m. The Sanctuary, 1301 J St., Arcata. Re-workings of American folk and blues. \$5-\$20 sliding scale.

Blue Lake Music Festival. 11 a.m.-9 p.m. Perigot Park, 312 South Railroad Ave., Blue Lake. Community concert and picnic featuring kids' area, vendors, dancers and more. Bands include: Woven Roots, the Miracle Show, Jimi Jeff and the Gypsy Band, Triple Junction, Doug Fir and the 2x4s and the Movers and the Shakers. Donations accepted. www.bluelakemusicfest.com.

THEATER

Il Matrimonio Segreto. 7 p.m. Redwood Park, top of 14th Street, Arcata. See July 24 listing.

Always A Bridesmaid. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See July 23 listing.

One Man, Two Guvnors. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See July 23 listing.

EVENTS

Eureka Gem Faire. 10 a.m.-6 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. See July 24 listing.

Fortuna Redwood AutoXpo. City of Fortuna, Various city locations. See July 24 listing.

Roll on the Mattole 2015. noon-midnight. Mattole Grange, 36512 Mattole Road, Petrolia. A wildland firefighter challenge, vendor booths, kids area and live music to benefit the Honeydew Volunteer Fire Company. With MC Jennifer Savage, music by Delta Nove, Indubious, NPK, Cold Blue Water, Lost Coast Marimbas, DJ Marjo Lak and more. \$25, \$20 kids under 12 free with adult. linda@mattotlesalmon.org. www.honeydewfire.com.

Sand Sculpture Festival. 8 a.m.-3 p.m. Manila Community Center, 1611 Peninsula Drive. Watch builders compete for cash prizes for best in show, realism, humor, fantasy, ingenuity and judge's wild card. Proceeds benefit

Friends of the Dunes school education programs. Free to watch, \$10 contest entry fee for teams up to six, \$15 for teams of more than six. info@friendsofthedunes.org. www.friendsofthedunes.org/news. 444-1397.

FOR KIDS

Family Zumba. 12-12:45 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Shake a tail feather. Suitable for all ages, bring water and clothes easy to move in. \$5, \$2 kids. janine@humboldtarts.org. www.humboldtarts.org. 442-0278.

Speeder Rides. 10 a.m.-4 p.m. Samoa Cookhouse, 908 Vance Ave., Samoa. All ages rides offering spectacular views of Humboldt Bay. Rides every half an hour. \$8, \$7, \$4 kids under 8. 443-2957.

Story Time. Every other Saturday, 11 a.m. Rio Dell Library, 715 Wildwood Ave. Join us for stories, songs, and games for early readers and parents. Free. riohumml@co.humboldt.ca.us. 764-3333.

FOOD

Arcata Plaza Farmers Market. 9 a.m.-2 p.m. Arcata Farmers' Market (off the plaza), Eighth and I streets. Fresh vegetables and fruit from local producers, food vendors, plant starts and flowers every week. Live music by The Delta Nationals.

DQ Youth Produce. 9 a.m.-2 p.m. Dream Quest, 100 Country Club Drive, Willow Creek. Dream Quest offers a selection of local, mostly organic produce and more. dreamquestwillowcreek@hotmail.com. www.dreamquestwillowcreek.org. (530) 629-3564.

Grange Breakfast. Fourth Saturday of every month, 7:30-11:30 a.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. The menu includes eggs, sausage (links or patties) or ham, biscuits and gravy, as well as coffee. \$5 suggested donation, \$3 for children 3 and up. www.facebook.com/humboldt.grange.

Humboldt Hill Grange Breakfast. Fourth Saturday of every month, 8-11 a.m. Home-style breakfast. \$5, \$3 Child. 442-4890.

Whole Grain Bakery Market. 10 a.m.-3 p.m. Lost Coast Café & Bakery, 468 Main St., Ferndale. Taste and browse baked goods and produce. Under the patio umbrella. Rain cancels. 601-0070.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. Led by Jane and Richard Wilson. Free. 826-2359.

Audubon Society Arcata Marsh Tour. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet the trip leader Jim Clark in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Free. www.rras.org/calendar.

Family Paddling. 11 a.m.-7 p.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. Enjoy a weekend on the water. After a brief safety talk and introduction to the boats, cast off to lead your own adventure. Drop-in between 11 a.m. and 4 p.m. Equipment provided. \$20 adults, children free (limit 2 per adult). hbac@humboldt.edu. 443.4222.

Kayak Tour of Elk River. 9 a.m.-noon. Hikshari Trail, Truesdale Street (west end), Eureka. Info on local flora, fauna and more. HSU Aquatic Center staff give a short safety talk and outfit everyone with life vests and kayaks. Ages 12 and older. Free. tours@humboldtbykeeper.org. www.humboldtbykeeper.org. 825-1020.

continued on next page ►



AMERICA'S TREASURE CHEST

"A time warp. I get lost in here for hours."
J. Michael

"Overwhelming!"
S. Rachel

JEWELRY REPAIR
while you shop

EUREKA

Redwood Acres Fairgrounds
3750 Harris St.

JULY 24, 25, 26

Friday 12pm-6pm Saturday 10am-6pm Sunday 10am-5pm

GENERAL ADMISSION \$5 WEEKEND PASS

*CLIP & BRING
THIS AD TO RECEIVE A
\$2.00 DISCOUNT
OFF ONE
GENERAL ADMISSION

*Not valid with other offer. One coupon per paid admission. Property of Gem Faire, Inc. Can be revoked without notice. Non-transferrable.

Sponsored by GEM FAIRE, INC. (503) 252-8300 GemFaire.com

**FINE
JEWELRY
CRYSTALS
GEMS
BEADS
SILVER
MINERALS**

AUGUST 22, 2015

**HOPS
IN
HUMBOLDT**

**FORTUNA,
CALIFORNIA**

**IT'S
GONNA BE
WILD!**

**LARGEST BEER FESTIVAL
IN HUMBOLDT COUNTY** **OVER 40 BREWERIES
& HOME BREWERS!**

PRE-SALE TICKET LOCATIONS: \$35 PRESALE \$75 VIP*

REDWOOD CURTAIN BREWERY • BEVERAGE PLUS FOODS • 6 RIVERS
BREWERY • LOST COAST BREWERY • EEL RIVER BREWERY • NORTH
COAST CO-OP • MAD RIVER BREWERY • THE LOCAL BEER BAR
HUMBOLDT THREADS *LIMITED VIP PASSES

HOPSINHUMBOLDT.COM

INTEGRATE and EDUCATE

To keep the freedoms we all love

To our Emerald Triangle Communities,

We would like farmers to know that they can take some precautionary measure this time of year to help secure their property. The following information is not meant to be legal advice and folks with questions should consult with their attorney.

ASA strongly urges that Medical Cannabis Farmers that have a farm have a folder that shows all pertinent regulatory compliance information. Make sure that the materials in the farm folder are copies and store the originals away from the farm where they are safe.

1. Small domestic water use permit from the water boards (everyone needs this)
2. If drawing water from a spring, creek, stream, or river - 1602 permit from DFW
3. If drawing water from a well - the county permit for the well
4. If storing water in a tank, bladder or container of 5,000 gallons or more the County permit for the tank and the flat it sits on
5. If the farm has flats or terraces that are man made then the county permits, or paperwork from the engaged engineer helping the land owner file the permit paperwork
6. Prop 215 compliance paperwork such as patient recommendations, articles of incorporation, dispensary contracts, collective agreements, etc.
7. Tape a copy of the farm folder to the garden gate, or main entrance into the cartilage of the property/homestead area. Farm folders can be posted in multiple locations if that feels appropriate.

If there is concern about law enforcement activity in your neighborhood and/or a visit from law enforcement consider taking the following steps to prepare your family and property.

1. Remove all guns and ammo from the property. It is illegal on the same property where medical cannabis is grown or present.
2. Remove all valuables such as cash, jewelry, passports, etc.
3. Mark the water level in your water tanks with chalk, noting today's date and photo the marked tank as well as the outgoing intact waterline
4. Do the same for any fuel reserves on site
5. Photo all medical cannabis gardens and collective or patient information. Try to show that the medical and compliance paperwork is clearly visible and pertaining to the garden in the pictures you take.
6. Upload these photos to a drop box or cloud based file that is accessible regardless of loss of phone, camera, or computer

Peaceful citizen observation is key to reducing harm. All citizen observation needs to be polite and non-confrontational.

With much love for our community

Lelehnia "Lele" DoBois, Kristin Nevedal, and Humboldt Heritage Farms



www.safeaccessnow.org

calendar
8 DAYS A WEEK
continued from previous page

Nature Writing. 10 a.m.-noon. Headwaters Forest Reserve, End of Elk River Road, 6 miles off U.S. Highway 101, Eureka. Jerry Martien leads a writing activity with a one-hour discussion and bag lunch. Meet at the Headwaters Education Center, 1/2 mile from the Elk River Trailhead. Free. jdclark@blm.gov. 825-2317.

Volunteer Trail Stewards. 9 a.m.-1 p.m. Arcata Community Forest, Union Street. Help build a trail in one of Arcata's beautiful natural spaces. Wear work clothes and shoes. Gloves, tools, snacks, beverages and appreciation will be provided. Call 825-2163 for more information and meeting location. Free.

SPORTS

Flat Track Motorcycling. 4 p.m. Redwood Acres Race-track, 3750 Harris St., Eureka. Sideways Saturdays at the track. \$7, \$5, kids under 12 free (with prior admission to the fair).

Humboldt Crabs Baseball. Arcata Ball Park, Ninth and F streets. See July 24 listing.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See July 24 listing.

COMEDY

Giggles In Garberville 6-11 p.m. Garberville Theatre, 766 Redwood St., Garberville. Comedians Danny Minch, Dave Bressoud and Jenn Felix present a family-friendly, PG version of their show from 6-8 p.m., then start the Rated R version at 9 p.m. \$20, \$15 in advance. comedyjunkies@live.com. 923-3580

ETC

Teen Center Yard Sale. 9 a.m.-3 p.m. Boys and Girls Club Teen Center, 3015 J St., Eureka. Proceeds help support Keystone Club activities, training and regional conference opportunities. 444-0184.

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

26 **sunday**

ART

Trinidad Artisan's Market. 11 a.m.-3 p.m. Trinidad, Downtown. Local artisans present their arts and crafts. Enjoy live music each week at noon and barbecue. Music by Jeff Kelley Free.

BOOKS

Jenny Sue Kostecki-Shaw. 1-3 p.m. Coffee Break Cafe, 700 Bayside Road, Arcata. The children's author reads from and signs *Luna and Me*, the story of Julia Butterfly Hill's two-year-long tree-sit to save a 1,000-year-old Humboldt County redwood. Free. www.sanctuaryforest.org. 445-5795.

MOVIES

Frozen. 6 p.m. Arcata Theatre Lounge, 1036 G St. Disney's smash hit about embracing your true nature. If you don't take your kids to this, they'll never let it go. \$5. www.arcatatheatre.com.

Head. 3:30, 5:30 & 7:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See July 25 listing.

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9

p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 442-0156.

Fanfare, Sonatas and Vignettes. 4-5 p.m. Christ Episcopal Church, 15th and H streets, Eureka. Travel back to earlier musical times with Trumpet Consort von Humboldt and Á Due. Free. christchurcheureka.org. 442-1797.

EVENTS

Eureka Gem Faire. 10 a.m.-5 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. See July 24 listing.

Fortuna Redwood AutoXpo. City of Fortuna, Various city locations. See July 24 listing.

Westhaven Blackberry Festival. 10 a.m.-5 p.m. Westhaven Fire Hall, 446 Sixth Ave. This benefit for the Westhaven Volunteer Fire Department features live music by Monahan, Martin & Sleep, booths, fresh blackberry pies, jams, barbecued hamburgers and beverages. Free entry.

FOR KIDS

Pokemon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

FOOD

Food Not Bombs. 5 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free. (503) 828-7421.

OUTDOORS

Explore Humboldt Bay Habitats. 1-7 p.m. Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. Enjoy fun and engaging outdoor activities all day for the whole family. Discover Humboldt smartphone app launch party at 1 p.m., wetland exploration and art journaling from 3 to 7 p.m. Free. denise_seeger@fws.gov. 733-5406.

Family Paddling. 11 a.m.-7 p.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. See July 25 listing.

SPORTS

BMX Practice and Racing. 1-3 p.m. Redwood Empire BMX, 3750 Harris Street, Eureka. Bring your bike for BMX fun. Wear long sleeves and pants. \$2 practice, \$11 race. Hotline 407-9222, Text REBMX to 33733 for text message alerts.

ETC

Family Game Day. 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring the family and friends for a day jam-packed with gaming fun. Feel free to bring in your own games. \$3. www.nugamesonline.com. 497-6358.

Redwood Coast Scrabble Club. 1-5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Tiles, letters and triple-word scores, oh my! 677-9242.

Tools, Treasures and Trinkets. 9 a.m.-4 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. Fundraiser flea market for the Westhaven Center for the Arts featuring free exercise classes and Christy Chandler's art show *Liberty*. 834-2479.

27 monday

DANCE

Friendship Circle Dance. 7-10 p.m. Moose Lodge, 4328 Campton Road, Eureka. Dancing for people in their 50s and older with live music from the 1930s through 1950s. Refreshments served. \$4. 725-5323.

FOR KIDS

Jenny Sue Kostecki-Shaw. 11 a.m.-1 p.m. Persimmons Garden Gallery, 1055 Redway Drive, Redway. The children's author reads from and signs *Luna and Me*, the story of Julia Butterfly Hill's two year tree sit to save a

1,000-year-old Humboldt County redwood. Free. stuart@humboldt.edu. www.sanctuaryforest.org. 445-5795.

MEETINGS

Bicycle Commuters Meeting. 6 p.m. Carmela's, Arcata, 1288 G St. Humboldt Bay Bicycle Commuters Association meeting starts with dinner (optional) at 6 p.m. Agenda items may be suggested by contacting Rick Knapp at 445-1097 or info@humbike.org. www.carmelasrestaurants.com.

C Street to F Street Design. 5-6:30 p.m. Wharfinger Building, 1 Marina Way, Eureka. View presentations pertaining to the area behind the boardwalk and discuss concepts for developing that area. Free. planning@ci.eureka.ca.gov. 441-4160.

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

ETC

Monday Night Magic Draft. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. New and seasoned players welcome. \$15. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

28 tuesday

BOOKS

Jenny Sue Kostecki-Shaw. 2-4 p.m. Eureka Main Library, 1313 Third St. The children's author presents a slideshow about her creative process and reads and signs *Luna and Me*, the story of Julia Butterfly Hill's two-year tree sit to save a 1,000-year-old Humboldt County Redwood. Free. stuart@humboldt.edu. www.sanctuaryforest.org. 707-445-5795.

MOVIES

Gilda. 6:30-8:30 p.m. Humboldt County Library, 1313 Third St., Eureka. A gambler and a casino owner form an uneasy partnership until a beautiful woman further complicates things. Starring Rita Hayworth and Glenn Ford. Hosted by *Journal Arts and Features* Editor Jennifer Fumiko Cahill. Free. www.humlib.org. 269-1962.

SPOKEN WORD

Human Expression Night. 7 p.m. Blondies Food And Drink, 420 E. California Ave., Arcata. Courtne Burns hosts this night of poetry and creativity. Free. www.blondiesfoodanddrink.com.

FOR KIDS

Pokemon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See July 26 listing.

FOOD

Eureka Farmers Market. 10 a.m.-1 p.m. Old Town Gazebo, Second and F streets, Eureka. Fresh, local produce direct from the farmer. Free. 441-9999.

Fortuna Farmers Market. 3-6 p.m. Fortuna Main Street, Main Street. Locally grown fruits, veggies and garden plants, plus arts and crafts. Free.

Miranda Farmers Market. 2-6 p.m. Miranda Gardens Resort, 6766 Avenue of the Giants. Pick up produce, baked goods and more right across from the Miranda Gardens Resort. Free. www.facebook.com/Southern-humboldtffarmersmarket.

Redwood Empire BMX Fundraiser. 11 a.m.-9 p.m. Banana Hut Hawaiian BBQ, 621 Fifth St., Eureka. Eat and support a local youth organization with 10 percent of sales. Stop by the track to pick up a flyer to include your order in the fundraiser. redwoodempirebmxfundraising@gmail.com.

continued on next page ►

DR. PAUL DOMANCHUK
OPTOMETRIST

THE VISION CENTER

Providing Eye Care &
Eye Wear for over 50 years.

DR. KENNETH KAISER
OPTOMETRIST
Previously with Eye of the Phoenix

616 H STREET • EUREKA

443-1619

Humboldt Crabs Baseball
2015 Season
WEEKLY SCHEDULE

Wednesday, July 22
San Francisco Seals, 7 PM

Friday, July 24
Healdsburg Prune Packers, 7 PM

Saturday, July 25
Healdsburg Prune Packers, 7 PM

Sunday, July 26
Healdsburg Prune Packers, 12:30 PM

Tuesday, July 28
Bay Area Tides, 7 PM

www.humboldtcrabs.com
Crabs Ballpark, 9th & F Arcata

f northcoastjournal

THE NEW 2015 CR-V

More power, interior space, and features than ever before.

31 MPG^[1] HIGHWAY

MID-CITY Honda

MID-CITY Motor World

(707) 443-4871

www.mid-cityhonda.com

2 MILES NORTH OF EUREKA • LOOK FOR THE CAROUSEL

[1] Based on 2014 EPA mileage estimates. Use for comparison purposes only. Do not compare to models before 2008. Your actual mileage will vary depending on how you drive and maintain your vehicle.

Shelter Cove Farmers Market. 11 a.m.-3 p.m. Downtown Shelter Cove, Machi Road. Fresh fruits, vegetables, ornamental trees and plants, all with an ocean view. Free. www.facebook.com/Southernhumboldtfarmersmarket.

MEETINGS

C Street to F Street Design Tour. 9:30 a.m. & 5 p.m. C Street Market Square, Foot of C Street, Eureka. Go on a tour with city of Eureka officials and give feedback about development for the area behind the boardwalk. Free. Planning@ci.eureka.ca.gov. 441-4160.

OUTDOORS

Slower-Speed Arcata Marsh Tour. Last Tuesday of every month, 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. A tour for attendees with mobility issues and those who are unable to keep up on regular walks. Meet at the first I Street parking lot (in from Samoa) of the Arcata Marsh. Free. 822-3475.

SPORTS

Humboldt Crabs Baseball. 7 p.m. Arcata Ball Park, Ninth and F streets. See July 24 listing.

COMEDY

Savage Henry Comedy Night. 8 p.m. The Jambalaya 915 H St., Arcata. Local and out of town comedians bring the ha-has. \$5. 822-4766.

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games range from \$1-\$10.

Board Game Night. 5-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw St, Ferndale. Cards and pegs.

Humboldt Cribbage Club. Every Tuesday at 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play cards at the Moose Lodge. 444-3161.

29 wednesday

MOVIES

Sci Fi Night ft. Freaks. 7:30 p.m. Arcata Theatre Lounge, 1036 G St. Tod Browning's controversial film starring real circus and carnival sideshow performers. Free w/\$5 food or bev purchase. www.arcatatheatre.com.



Roll With it, Baby

Ever wonder what it takes to fight back flames and keep a community safe — entirely by the hands of hard-working volunteers? Evidently, a big ol' party. Head out to the **Mattole Grange** on **Saturday, July 25** for **Roll on the Mattole**, a full day of food, music and fun that serves as the largest fundraiser for the Honeydew Volunteer Fire Company (\$25, \$20, kids under 12 free with adult). According to the company's Linda Yonts, the Roll and community donations paid for a new fourth engine to help cover four neighborhoods: Wilder ridge, Panther Gap, Windy Nip and Honeydew.

The party starts at **noon** and features a **Wildland Firefighter Challenge** in which geared-up firefighters from Honeydew, Petrolia, Whale Gulch and Telegraph Ridge run drills for a coveted trophy. Peruse local **craft vendors**, let the kids roam the **kids zone**, slurp down **oysters and beer**, mack on **wood-fired pizza**, barbecue and desserts. There's even a salad bar and Kombucha on tap from It's Alive. The celebration also offers tons of great tune-age courtesy of **Delta Nove**, **Indubious**, **NPK**, **Cold Blue Water**, **Lost Coast Marimbas** and **DJ Marjo Lak**.

And say hey to the *Journal's* contributing writer and this year's **emcee Jennifer Savage** while you're there.

— Kali Cozyris



Rumble in the Redwoods

It's summertime and the sun is shining on classic cars and tricked out trucks revving for the **Fortuna Redwood AutoXpo** (free).

Check out the Chevelle-load of Corvettes and Camaros at the **judged show** on **Main Street** (entrants are parked by class and further sorted by year), and openly ogle at the **Show & Shine/Vintage & Exotic** show at **Fortuna High School**. Both happen on **Saturday** from **9 a.m. to 4 p.m.** with trophies presented on **Sunday** at **Rohner Park** at **10 a.m.**

Find a spot on the curb for Friday night's **cruise** through town from **6 p.m. to 8 p.m.** (free), then twist at the **Sock Hop** at the **River Lodge** at **8 p.m.** (\$5).

Browse the **Swap Meet & Car Corral** and the **Artisans Faire** all day **Friday** through **Sunday** at **Rohner Park**. And go vintage at the **Antique Show** at the **Veterans Hall** on **Friday** and **Saturday** and at the **Antique Tractor & Farm Equipment Show** at **Rohner** on **Saturday** and **Sunday**. Inhale the smoking rubber at the **Burn Out Contest** on **Sunday** at **2 p.m.** and catch a toned-down show of testosterone with the **Antique Tractor Pulls** on **Saturday** from **1 to 5 p.m.** and **Sunday** from **noon to 2 p.m.** at the **Rodeo Grounds**.

No wheels of your own? Take the free **AutoXpo Rapid Transit** around town on **Saturday** from **9 a.m. to 4 p.m.**

— Kali Cozyris

EVENTS

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. ossincrp@northcoast.com. www.baysidegrange.org. 444-2288.

Wildwood Days. Rio Dell Fireman's Park, Wildwood Avenue and Center Street. Five days of events to raise money for the Rio Dell Volunteer Fire Department. From a car cruise and lawnmower races to a rib cook-off and firefighter muster, this event is a must see Humboldt experience. office@riodellscotiachamber.org. 506-5081.

FOR KIDS

Youth Family Activity Group. Last Wednesday of every month, 3:30-5 p.m. Post Adoption Services Project, 10 West Seventh St., Suite H, Eureka. Family activities for children ages 9 and up. Free. info@postadoptservices.com. www.postadoptservices.com. 476-9210.

Read to the Rhythm. 1:30-5 p.m. Rio Dell Library, 715 Wildwood Ave. Drop-in for summer reading club and make drums, shakers, rattlers and more. Free.

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

MEETINGS

C Street to F Street Design Workshop. 5-6:30 p.m. Wharfinger Building, 1 Marina Way, Eureka. Work with architects to draw your visions of development of the area behind the boardwalk. Free. planning@ci.eureka.ca.gov. 441-4160.

Humboldt Bay Harbor Working Group Luncheon. Noon. Samoa Cookhouse, Samoa Road, Arcata. Aldaron Laird presents the talk, "Potential Sea Level Rise Impacts to the Humboldt Bay Harbor." Q&A follows. \$12.95 chicken parmesan lunch or \$8.95 soup and salad. 441-1974.

SPORTS

BMX Wednesday Practice and Racing. 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris Street, Eureka. Bring

your bike for BMX fun. Wear long sleeves and pants. \$2 practice, \$8 medal race. <https://www.facebook.com/RedwoodEmpireBmx>. 407-9222.

Humboldt Crabs Baseball. 7 p.m. Arcata Ball Park, Ninth and F streets. See July 24 listing.

COMEDY

Comedy Open Mikey. 9 p.m. Palm Lounge, Eureka Inn, 518 Seventh St. Hosted by Nando Molina with beats by Gabe Pressure. Free. 497-6093.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. www.nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

30 thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See July 23 listing.

MUSIC

Summer Concert Series. 6 p.m. C Street Market Square, Foot of C Street, Eureka. See July 23 listing.

Women Singing in Harmony. 6-8 p.m. Church of Jesus Christ of Latter-Day Saints, 2806 Dolbeer St., Eureka. See July 23 listing.

World Beats. Every other Thursday, 6-7:30 p.m. Bob Olofson, 212 14th St, Eureka. African-influenced drumming. All levels welcome and some instruments available. \$5 to \$10, no one turned away. rwolofson@sbcglobal.net. 444-8764.

EVENTS

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. See July 29 listing.

Reggae on the River. French's Camp, SoHum, Piercy. One of the longest running reggae music festivals in the world, featuring multiple live bands, food, vendors and more. \$200-\$500. www.reggaeontheriver.com.

Wildwood Days. Rio Dell Fireman's Park, Wildwood Avenue and Center Street. See July 29 listing.

FOR KIDS

Pre-School Storytime. 10-10:45 a.m. Trinidad Library, 380 Janis Court. See July 23 listing.

FOOD

Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. See July 23 listing.

MEETINGS

C Street to F Street Design Workshop. 5-6:30 p.m. Wharfinger Building, 1 Marina Way, Eureka. Work with architects to draw your visions of development of the area behind the boardwalk. Free. planning@ci.eureka.ca.gov. 441-4160.

Humboldt County Beekeepers. 6:30 p.m. Humboldt County Agriculture Department, 5630 South Broadway, Eureka. Renowned Nevada County beekeeper Randy Oliver shares his experience on honeybee health and management technique. \$2 donation. 845-3362.

ETC

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See July 23 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See July 23 listing.

Heads Up...

Fig Twig Market applications are available online at www.figtwigmarket.com. Applications must be post marked by Aug. 1 for the Nov. 6-7 event.

Fern Cottage Foundation seeks board members. Please send a letter of intent to Fern Cottage Foundation, P.O. Box 1286, Ferndale, CA 95536. For more information, go to www.ferncottage.org.

Ferndale Repertory seeks volunteers: house manager, usher, concession sales and ticket collector. Volunteers are eligible to receive complimentary tickets for their work. Visit www.ferndalerep.org, call 786-5483 or email info@ferndalerep.org. Deadline is Aug. 31.

Food for People's Children's Summer Lunch Program provides a free sack lunch for children on summer weekdays. For more information, call 445-3166 ext. 309.

Volunteers wanted for Eureka VA clinic. Call 269-7502. **For an application** for grand jury service, call 269-1270 or stop by the Jury Services Office at the Humboldt County Courthouse. Applications online at www.co.humboldt.ca.us/grandjury.

Friends of the Arcata Marsh seeks gently used kids' science books. Call 826-2359. ●

SUBMIT
your
CALENDAR
EVENTS

ONLINE
northcoastjournal.com

OR BY

E-MAIL
calendar@northcoastjournal.com

PRINT DEADLINE: Noon Thursday,
the week before publication

SUMMER EDITION OUT NOW!



HUMBOLDT'S FOUR-SEASON
VISITOR MAGAZINE

LIFESTYLE
OUTDOOR FUN
PERFECT TRIPS
FOOD & DRINK
SHOPPING + SOUVENIRS
90-DAY CALENDAR
REGIONAL MAPS



ARE YOU IN?

FOR ADVERTISING
INFORMATION CALL:

442-1400 x319

FILMLAND



DUDE, CAN YOU KNOCK?

Potential

Ant-Man shrinks, Trainwreck breaks out

By John J. Bennett

filmland@northcoastjournal.com

Reviews

ANT-MAN. When mentions of this latest Marvel cash machine appeared, they were enlivened by the presence of writer-director Edgar Wright (*Shaun of the Dead*, *Scott Pilgrim vs. the World*). He left the project in pre-production; quietly, undoubtedly with a stiff upper lip. His screenplay, co-written with Joe Cornish (*Attack the Block*, which everyone should see) survived his departure, though Paul Rudd and Adam McKay (*Anchorman*, *Saturday Night Live*) share screen credit for the final product.

I try not to dwell on what might have been. In a case like this, though, when there was a faint hope that a director with a distinct sensibility and a personal style behind the lens might actually personalize a Marvel movie and set it apart, it is hard not to ask "what if?" No offense to Peyton Reed (*Bring It On*, *The Break Up*), who stepped in and made a perfectly serviceable movie. But Wright is a visual outlier, a quirky risk-taker and, in my mind, just the sort of influence the Marvel universe could use right now.

To be sure, Joss Whedon and James Gunn did impressive, entertaining things with *The Avengers* and *Guardians of the Galaxy*, but those are megalithic ensemble pieces. The budgets are so astronomical, the stories so over-loaded with characters and plot elements, that there is little room for risk-taking; these movies are expected to make a billion dollars, after all. *Ant-Man*, in the early going, seemed like a perfect opportunity to inject some humor and weirdness, especially when Paul Rudd signed on. And there are

traces of individuality in the movie as it has been presented, but they are just enough to suggest what might have been.

In 1989 Dr. Hank Pym (Michael Douglas), pioneer of the Pym particle and the original Ant-Man, finds himself at odds with his colleagues and bosses at Stark Enterprises. Resisting increasing pressure to weaponize his research, he hangs up the helmet and soon goes into early retirement. Twenty-five years later, Pym Technologies has become a juggernaut under the guidance of Pym's troubled protégé, Darren Cross (Corey Stoll). Cross has been hard at work chasing diaphanous myths about the Pym particle; he wants desperately to discover his own shrinking serum, but his motives are questionable. Pym, catching wind of this, realizes he must take action. He enlists the aid of his semi-estranged daughter Hope van Dyne (Evangeline Lilly) and an activist/hacker/burglar/divorced dad named Scott Lang (Rudd) to bring Ant-Man out of mothballs and stop Cross.

There are enough clever asides and character tics in *Ant-Man* to begin setting it apart from the bulk of the Marvel canon, but they frustratingly suggest another movie all together. As much as Rudd, with his undeniable likeability and subversive darkness, manages to bring life to Lang/Ant-Man, it still feels like someone's got him on a leash. There are only glimpses of the Rudd who is at his dirty best collaborating with David Wain and company. The character is mild, if not toothless, and the whole scenario is tame and pleasant to a fault. It's entertaining,

continued on next page ►

Movie Times

Film times reflect the most current listings as of Tuesday afternoon. As schedules at individual theaters sometimes change, we recommend calling ahead to avoid any inconvenience.

Broadway Cinema

1223 Broadway St., Eureka, (707) 443-3456

Ant-Man	Fri-Tue: (11:45a.m., 2:30, 3:50), 5:15, 8:05, 9:20
Ant-Man 3D	Fri-Tue: (12:45), 6:20
The Gallows	Fri-Tue: (4:50), 9:40
Inside Out	Fri-Tue: (12:35, 3:20), 5:50, 8:20
Jurassic World	Fri-Tue: (11:50a.m.), 5:55, 8:55
Jurassic World 3D	Fri-Tue: (2:55)
Magic Mike XXL	Fri-Mon: (2:10), 7; Tue: (2:10)
Minions	Fri-Tue: (12:50, 1:55, 3:15, 4:20), 5:35, 6:45, 8, 9:05
Paper Towns	Fri-Tue: (12:25, 3:10), 6:05, 8:45
Pixels	Fri-Tue: (1:10), 6:40
Pixels 3D	Fri-Tue: (3:40), 9:10
Southpaw	Fri-Tue: (12:40, 3:35), 6:30, 9:25
Terminator Genisys	Fri-Tue: (12, 2:50), 5:45, 8:40
Trainwreck	Fri-Tue: (12:30, 3:25), 6:35, 9:30

Mill Creek Cinema

1575 Betty Court, McKinleyville, (707) 839-3456

Ant-Man	Fri-Tue: (12:30), 6, 8:45
Ant-Man 3D	Fri-Tue: (3:15)
Inside Out	Fri-Tue: (12:20, 2:50), 5:25, 8
Jurassic World	Fri-Tue: (3), 8:50
Jurassic World 3D	Fri-Tue: (12:05), 5:55
Minions	Fri-Mon: (11:50a.m., 2:05, 4:25), 6:45, 9:05; Tue: (11:50a.m., 2:05, 4:25), 9:05
Paper Towns	Fri-Tue: (12:15, 3:05), 5:45, 8:30
Pixels	Fri-Tue: (1:30), 6:40
Pixels 3D	Fri-Tue: (4:05), 9:15
Southpaw	Fri-Tue: (12:25, 3:20), 6:20, 9:20
Trainwreck	Fri-Tue: (12:35, 3:30), 6:30, 9:30

Minor Theatre

1001 H St., Arcata, (707) 822-3456

Amy	Fri: (2:55), 5:55, 8:55; Sat-Sun: (12, 2:55), 5:55, 8:55; Mon-Tue: (2:55), 5:55, 8:55
Minions	Fri: (3:05), 5:25, 7:45; Sat-Sun: (12:45, 3:05), 5:25, 7:45; Mon-Tue: (3:05), 5:25, 7:45
Trainwreck	Fri: (3:20), 6:15, 9:10; Sat-Sun: (12:30, 3:20), 6:15, 9:10; Mon-Tue: (3:20), 6:15, 9:10

Fortuna Theatre

1241 Main St., (707) 725-2121

Ant-Man	Fri-Sat: (12:05, 3:40), 6:45, 9:35; Sun-Tue: (12:05, 3:40), 6:45
Jurassic World	Fri-Sat: (12, 3:30), 6:30, 9:30; Sun-Tue: (12, 3:30), 6:30
Minions	Fri-Sat: (12, 2:15, 4:30), 6:45, 9; Sun-Tue: (12, 2:15, 4:30), 6:45
Paper Towns	Fri-Sat: (1:15, 4), 7:15, 9:50; Sun-Tue: (1:15, 4), 7:15
Pixels	Fri-Sat: (1, 4:15), 7:05, 9:35; Sun-Tue: (1, 4:15), 7:05
Trainwreck	Fri-Sat: (12:40, 4:05), 6:55, 9:45; Sun-Tue: (12:40, 4:05), 6:55

FILMLAND

continued from previous page

but without any real sense of risk, either on screen or behind the camera. It must be said, though, that the great Michael Peña here continues a streak of genuinely hilarious supporting roles. He is a treasure we should be talking more about. PG13. 117m.

TRAINWRECK. As *Ant-Man* is to the gargantuan sub-genre that is the Marvel universe, *Trainwreck* is to the decades old tradition of romantic comedy. It is, unarguably, a product of its genre; it is also the best recent argument for the notion that that rom-com may not be dead, after all. Under the tutelage of impresario Judd Apatow (*The 40-Year-Old Virgin*, *This is 40*), the quiet, filthy genius of comedian Amy Schumer has been brought to vivid, raunchy, delightful life.

Amy (Schumer) has spent a lifetime heeding her father's early advice that "monogamy isn't realistic." She's in a sort-of relationship with a sweet, confused muscleman (an unexpectedly hilarious John Cena), but can't seem to keep herself out of other people's beds. Her job at a men's magazine is promising, she seems to have a handle on being perennially hung-over, her dad (Colin Quinn) is in a care home with multiple sclerosis and she playfully feuds with her younger sister (Brie Larson), she of the 21st century nuclear family. When an assignment to profile a rising young sports doctor (Bill Hader) lands on her desk, Amy thinks nothing of it. She interviews the guy, takes him out drinking, goes home with him and assumes that'll be that. When he expresses an interest in seeing her again, though, she's surprised to find herself likewise interested. The relationship that ensues, shot through with neurosis, conflict and doubt, adheres in many ways to the boiler-plate rom-com model, but it also rings true; some of these things are tropes for a reason, I suppose. It is also filled with Schumer's fearlessly dirty humor, a sense of genuine kindness and Apatow's trademark low-key hilarity.

On first viewing, I think *Trainwreck* may be the best movie of the year so far. It subverts the genre while also lifting it up. It delivers a strong, flawed female lead. It is punctuated by delightful supporting performances. Apatow's direction shows the light touch of a consummate professional, harkening back to the screwball comedies of Lubitsch and Hawks in its transparent precision. This is a well-constructed movie, and a frequently hilarious one. R. 125m.

— John J. Bennett

Previews

AMY. A documentary chronicling the late Amy Winehouse's struggles with fame and addiction via interviews and archival footage. R. 128m.

PAPER TOWNS. A trio of high school boys goes on a mystery tour/spontaneity intensive when the enigmatic (and, duh, beautiful) girl next door vanishes. PG13. 109m.

PIXELS. Adam Sandler stars in this inter-planetary war pic featuring classic arcade game characters. Spoiler alert: Pac-Man's kind of a jerk. PG13. 105m.

SOUTHPAW. A widowed, rock-bottom boxer (Jake Gyllenhal) is desperate to get back in the ring to earn back both his title and custody of his daughter. R. 123m.

Continuing

THE GALLOWES. Alums return to the revival of a school play that ended in tragedy. Supernatural drama ensues. R. 81m.

INSIDE OUT. Pixar renders our inner lives and the tumult of growing up with clarity, charm, poignancy and humor through the personified emotions of a girl named Riley. With Amy Poehler. PG. 94m.

JURASSIC WORLD. A big, fun, well executed popcorn movie that sticks with dinosaur action thrills rather than convoluted plot. Like its star Chris Pratt, it doesn't take itself too seriously. PG13. 124m.

MAGIC MIKE XXL. A lighter, road-comedy version of the original stripper-with-a-heart-of-gold story, starring not quite enough of Channing Tatum's abs. R. 115m.

MAX. A Marine's military dog returns from Afghanistan and bonds with the dead soldier's family. Commence bawling now. PG. 111m.

MINIONS. Sandra Bullock and John Hamm lend voices to the *Despicable Me* spin-off starring the goofy, Twinkie-esque henchmen. PG. 91m.

TERMINATOR GENISYS. So we're doing this again, with the robot assassins and the time travel and trying to stave off the apocalypse. Now with Arnold-on-Arnold violence. PG13. 125m.

— Jennifer Fumiko Cahill and Thadeus Greenson

workshops & CLASSES

List your class – just \$4 per line per issue!
Deadline: Friday, 5pm.

Place your online ad at
classified.northcoastjournal.com
or e-mail: **classified@northcoastjournal.com**

Listings must be paid in advance
by check, cash or Visa/MasterCard.
Many classes require pre-registration.

Arts & Crafts

ART JOURNAL FOR ADULTS Thursdays 9:30-11:30 a.m. through Aug. 25 Blue Lake Studio - 239 Railroad Ave. \$20/2-hr bluelakestudio.net 860-772-7997 (A-0806)

BEGINNING KNITTING CLASSES Each beginning class consists of three 2 hour Saturday sessions. By the last session you will be completing your first project: a simple knit hat. All materials are provided. Sign-up on-line or by calling us. (707) 442-9276 info@northcoastknittery.com http://northcoastknittery.com

CERAMICS FOR YOUNGER KIDS, Ages 4-7 with Amanda Steinebach \$75 per 5 week class Sat. 9:30 - 11am Two classes offered. Jun 20 - July 25 and Aug 1 - Aug 29. Children will have a great time creating with clay. They will make one to two pieces per week and each project is designed to bring out their creativity. Fire Arts Center 520 South G St. Arcata 707-826-1445 fireartsarcata.com (A-0813)

VINTAGE STYLED HATS Love knitted hats but can't find a style that flatters the shape of your face and hair style? Roaring Twenties hats such as the cloche, toque, and embellished cap were designed to compliment many different wearers. Julie Turjoman, who wrote "A Head for Trouble" comes to NorthCoast Knittery on 9/19 and 9/20. Sign-up for her workshops on-line or give us a ring. (707) 442-9276 info@northcoastknittery.com northcoastknittery.com

Computer

EXCEL 2013-INTERMEDIATE M/W AUG 17 & 19TH 2015 FEE: Fee: \$250 includes a textbook For information call College of the Redwoods Community Education at 707-476-4500 (C-0723)

MICROSOFT OFFICE PROFESSIONAL CERTIFICATE 2013 3rd - August 12th 2015, Mondays and Wednesdays, 9:00am to 4:00pm, Fee: \$325 CR Community Education 525 D Street Eureka 707-476-4500 (C-0723)

Dance/Music/Theater/Film

DANCE WITH DEBBIE PRESENTS: Summer workshops! Topics include: "Basics of Partnering", "Swing Flair & Style", "Dips & Fancy Endings", and "Latin Musicality & Technique"! Great for all levels of dancer. No partner required. Call or check our website calendar for details. We're also on Facebook! (707) 464-3638, www.dancewithdebbie.biz (D-0813)

SUBMIT YOUR WORKSHOPS AND CLASSES
@ **ONLINE**
www.northcoastjournal.com

GROOVE YOGA WITH LORI SNYDER AT OM SHALA YOGA. Join special guest Lori Snyder for a fun, flowing Vinyasa class set to everything from Krishna Das to Kermit the Frog. Saturday, August 8, 12:30-2:00. \$20 before 8/3, \$25 after. Sign up by visiting www.OmShalaYoga.com/workshops or by calling or visiting the studio. 707-825-YOGA(9642) or 858 10th St., Arcata. (D-0723)

MUSIC LESSONS. Piano, Guitar, Voice, Flute, etc. Piano tuning, Instrument repair. Digital multi-track recording. (707) 476-9239. (DMT-0226)

REDWOOD RAKS WORLD DANCE STUDIO, ARCATA. West African, Belly Dance, Tango, Salsa, Swing, Breakdance, Jazz, Tap, Modern, Zumba, Hula, Congolese, more! Kids and Adults, (707) 616-6876 shoshannaRaks@gmail.com (DMT-0702)

STEEL DRUM CLASSES. Beginning Classes Level 1 Fri's. 10:00-11:00a.m., Level 2 Fri's. 11:00-12:00p.m. Intermediate Thu's., 6:30-7:30p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. panartsnetwork.com (DMT-0827)

WEST AFRICAN DANCE W/ LIVE DRUMMING. Tues.'s, All Level Class, 5:30 p.m -7 p.m. Thurs.'s Beginning/Breakdown, 7 p.m.-8 p.m., Redwood Raks Dance Studio, Arcata. Facebook Arcata West African Dance or contact Heather (707) 834-3610. (DMT-0331)

Fitness

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout. New classes begin the first Mon. of every month. Pre-register now. Ages 8 to 80+ Email: northcoastfencingacademy@gmail.com or text, or call Justin at 707 601-1657. 1459 M Street, Arcata, northcoastfencing.tripod.com (F-0723)

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids and adults, child care, fitness gym, and more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0730)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-1231)

Kids & Teens

15TH ANNUAL MOONSTONE BEACH SURFCAMP. Have fun while Safely Learning to Surf and improve all ocean skills. Includes Jr. Lifesaving. Licensed & Insured, male/female instructors. Ages 8+. \$195/week. Sessions: Aug 3-7 & Aug 10-14. Moonstone BeachSurfCamp.com or (707) 822-5099. (K-0730)

Lectures

PLUGGING INTO TELECOMMUTING Thurs, Oct. 15th 2015, 6-9:30PM, Fee: \$200 We see those scam ads that seem too good to be true. Yet it's obvious that telecommuting is a big tool and one adding new opportunities each day. Now is the time to get yourself "plugged-in" to both the present and future lucrative workforce opportunities in telecommuting. College of the Redwoods Community Education Call 476-4500 to register. (L-0723)

MYTHIC RE-MEMBERING T/W/Th, October 13, 14 & 15, 2015, 6:00 pm - 7:30 pm, Fee: \$45 Students will examine the tales of Snow White, The Snow Queen and Disney's Frozen. Looking at these tales will foster a discussion including history, Archetypes (i.e. the maiden's journey), functions of myth, and processes for transformation. The course will also look to memoir in the form of music and poetry, media's responses to these tales, and ways in which we individually relate to them, leading us to a mythic re-membering of ourselves. College of the Redwoods Community Education Call 476-4500 to register. (L-0723)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-1225)

THE MAGIC OF MARY POPPINS. Take a behind the scenes look at Humboldt Light Opera Company's summer show, Mary Poppins! Discover what's involved in bringing a production to the stage. Includes a theater tour and attendance at the dress rehearsal. With Tracey Barnes Priestley and Carol Ryder. Sat., 7/25 from 10-11:30 a.m., Sun., 7/26 at 6:30 p.m., Thurs. 7/30 at 7:30 p.m. Price includes a ticket to the opening night performance on Fri. 7/31. OLLI Members \$45/all others \$70. OLLI: 826-5880, www.humboldt.edu/olli (O-0716)

Spiritual

ARCATA ZEN GROUP MEDITATION. Beginners welcome. **ARCATA:** Sunday 7:55 a.m., Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. For more info. call (707) 826-1701 or visit arcatazengroup.org **EUREKA:** Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12. For more info. call (707) 845-8399 or visit barryevans9@yahoo.com . (S-0730)

HUMBOLDT UNITARIAN UNIVERSALIST FELLOWSHIP. We are a diverse congregation welcoming all people. Our mission is to promote personal and spiritual growth as well as a peaceful, sustainable, and socially just world. Come see for yourself on a Sun. morning. 9 a.m. meetings include child care. Children's & teen's Religious Education classes are available during our 11 a.m. meetings. 24 Fellowship Way, off Jacoby Creek Rd., Bayside. (707) 822-3793, www.huuf.org. (S-0702)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com (S-0730)

TRANSGENDER'S JOURNEY SHARED AT LIFETREE CAFÉ The filmed story of a man who is changing gender will be presented at Lifetree Café on Sunday, July 28 at 7 p.m. The exclusive film follows a man named Bob, who says he knew at the age of 4 that he was really a girl in a boy's body. The film examines issues surrounding transgenderism such as family dynamics, workplace complications, and spiritual implications. Lifetree Café is a Free Conversation Café - Snacks and Beverages. Located on the Corner of Union and 13th, Arcata. 707 672 2919 or bobdipert@hotmail.com or www.lifetreecafe.com. (S-0723)

TRANSMISSION MEDITATION Wednesdays 6-7pm Isis Osiris Healing Temple 44 Sunny Brae Ctr, Arcata TransmissionMeditation.org 707-681-9770 (S-0924)

KIRTAN DEVOTIONAL SINGING WITH MINDY ANDERSON AT OM SHALA! Friday, July 10th from 7:30-9:00pm. Kirtan is the name for Hindu devotional chanting of ancient Sanskrit prayers. \$5-10 sliding scale. Sign up by visiting www.OmShalaYoga.com/workshops or by calling or visiting the studio. 707-825-YOGA(9642) or 858 10th St., Arcata. (S-0723)

SPIRIT TALK WITH REV. DIANE. All are welcome to join Rev. Diane Decker, Minister of Religious Science, for Science of Mind Spiritual Discussion, Meditation and Affirmative Prayer. Gathering every Mon. 7 p.m-8 p.m., Isis Suite 48, Sunny Brae Center. Donations welcome. (707) 502-9217 (S-0702)

UNITY OF THE REDWOODS. Join us at Unity Church of the Redwoods, where love is felt, truth is taught, lives are transformed, and miracles happen. Services begin each Sun. at 11 a.m. 1619 California St., Eureka. Please stay for snacks and conversation after service. (707) 444-8725 (message), www.unityoftheredwoods.org (S-0730)

Summer Fun/Arts

NEW SUMMER DAY CAMP. Humboldt Botanical Garden. Nature/Art/Math/Science Outdoor Camp. Children age 7-10. www.hbgf.org 442-5139

ART CAMPS AT THE MORRIS GRAVES: Create, explore, be inspired! Camp runs August 3-7. Level 1 (ages 5-8) 9:30-12:30 and Level 2 (ages 9-12) 1:30-4:30. Students have the unique opportunity to view artworks by professional artists in a museum setting, explore their own creativity through hands on art projects and take home a portfolio of their work. \$90 per session or \$85 for members. Register at (707) 442-0278 or www.humboldtarts.org (SA-0723)

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-0702)

FREE DEPRESSION SUPPORT GROUP. Walk-in support group for anyone suffering from depression. Meet Mon's 6:30 p.m -7:45 p.m, at the Church of the Joyful Healer, McKinleyville. Questions? Call (707) 839-5691. (TS-0820)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-0730)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0924)

WISDOM OF THE SOUL WITH JOLENE HAYES, CCHT. Hypnotherapy, Soul Realignment/Akashic Record Readings. (707) 499-9207 or jolene@wisdomofthesoul.com. Website: www.wisdomofthesoul.com (T-0910)

Vocational

INTERVIEWING & SOFT SKILLS PRACTICE Monday, August 17th, 2015, 3:30pm - 7:00pm, Fee: \$150 College of the Redwoods Community Education Call 476-4500 to register (V-0723)

Wellness & Bodywork

ARCATA SCHOOL OF MASSAGE IS NOW ENROLLING FOR OUR 650-HOUR PROGRAM.

Starts Sept. 1, 2015. It is a Morning Program that meets Mon.- Fri., 9 a.m. - 1 p.m. Training is based in mindfulness, compassion, and many therapeutic massage modalities. Visit arcatamassage.com for complete course descriptions and information. (W-0128)

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Beginning with Herbs. Sept 16 to Nov 4, 2015, 8 Wed. evenings. Learn medicine making, herbal first aid, and herbs for common imbalances. Festival of Herbs: Visiting Teachers Series. Nov. 2015 - May 2016. Meets the 1st weekend of the month for intermediate to advanced herb students and health care practitioners. Learn from renowned herbalists: Rosemary Gladstar, Christopher Hobbs, Jessica Baker, Amanda McQuade-Crawford and more! Register online www.dandelionherb.com or call (707) 442-8157. (W-0723)

JIN SHIN JYUTSU SELF-HELP CLASSES. Learn what this ancient way of balancing energy with gentle touch is, and how to do it for yourself to enhance your health, comfort and peace of mind. Third Sundays, July thru December, 10 a.m. to 1p.m. \$30 per class or \$150 for all six classes. Attend one, some, or all. July 19, Aug. 16, Sept. 20, Oct. 18, Nov. 15, Dec.20, at the Arcata Wellness Center, 735 12th St., Arcata. Taught by Denny Dorsett RN, Jin Shin Jyutsu practitioner and self-help instructor. Call 707 825-0824 for information and pre-registration, or drop in, space allowing. (W-1217)

YOGA IN FORTUNA EVERY THURSDAY 9:30 a.m. - 10:45 a.m. Multigenerational Center 2280 Newburg Rd. Breathe, stretch, strengthen the body, calm the mind. All levels. \$11 drop in or 6 class pass \$57. scholarships avail. info Laurie Birdsong 362-5457 (W-0730)

CANDLELIGHT HOT STONE YOGA WITH ARTEMISIA SHINE AT OM SHALA YOGA. De-stress, Detoxify and Awaken from Within while practicing hatha yoga by candlelight. Live Sound Healing Savasana. Friday, July 16, 7:30-9:30pm. \$20. Sign up by visiting www.OmShalaYoga.com/workshops or by calling or visiting the studio. 707-825-YOGA(9642) or 858 10th St., Arcata. (W-0723)

SUBMIT
your
CALENDAR
EVENTS

ONLINE
northcoastjournal.com
OR BY
E-MAIL
calendar@northcoastjournal.com

PRINT DEADLINE: Noon Thursday,
the week before publication

NOTICE OF PETITION TO ADMINISTER ESTATE OF BETTY ANN JANKE CASE NO. PR150179

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, Betty Ann Janke A PETITION FOR PROBATE has been filed by Petitioner, Julie Mendes In the Superior Court of California, County of Humboldt.

THE PETITION FOR PROBATE requests that JULIE MENDES Be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on August 6, 2015 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account

as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER: Stephen G. Watson Law Office of W.G. Watson, Jr. 715 I Street Eureka, CA 95501 (707) 444-3071 Filed: July 15, 2015 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

7/23, 30, 8/6 (15-162)

NOTICE OF PETITION TO ADMINISTER ESTATE OF MICHAEL R. MCKENZIE, aka MICHAEL MCKENZIE CASE NO. PR150176

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, Michael R. McKenzie, aka Michael McKenzie A PETITION FOR PROBATE has been filed by Petitioner, Rachel McKenzie In the Superior Court of California, County of Humboldt.

THE PETITION FOR PROBATE requests that RACHEL MCKENZIE Be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on July 23, 2015 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as

defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER: Leon A. Karjola 723 Fifth Street, Suite C Eureka, CA 95501 (707) 443-0804 Filed: July 6, 2015 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

7/16, 23, 30 (15-159)

Justin T. Walsh D.O.B 10/29/80

This serves to notify you to retrieve the Restraining Order paper's at the Humboldt County Sheriff's office in Eureka, CA. If you choose too not do so, you are considered served in 30 days of this announcement.

07/16, 23, 30, 8/6

FICTITIOUS BUSINESS NAME STATEMENT 15-00431

The following person is doing Business as **VECTOR NEST** Humboldt, 128 Himalaya Dr., Trinidad, CA 95570 PO Box 270, Trinidad, CA 95570 **Mareva L Russo 128 Himalaya Dr., Trinidad, CA 95570**

Bradley E Twoomey 128 Himalaya Dr., Trinidad, CA 95570

The business is conducted by A General Partnership. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Mareva L Russo, General Manager This statement was filed with the County Clerk of Humboldt County on July 17, 2015 KELLY E. SANDERS Humboldt County Clerk By: A. Abrams

7/23, 7/30, 8/6, 8/13 (15-249)

FICTITIOUS BUSINESS NAME STATEMENT 15-00357

The following person is doing Business as **BOYD'S GENERAL** Humboldt, 2253 Fern St., Apt 2, Eureka, CA 95503

Ryan A. Boyd 2253 Fern St., Apt 2, Eureka, CA 95503

The business is conducted by An Individual.

The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Ryan Boyd, Owner This statement was filed with the County Clerk of Humboldt County on June 16, 2015 KELLY E. SANDERS Humboldt County Clerk By: A. Abrams

7/9, 7/16, 7/23, 7/30 (15-158)

FICTITIOUS BUSINESS NAME STATEMENT 15-00383

The following person is doing Business as **RECYCLED YOUTH** Humboldt, 1507 G. Street, Arcata, CA 95521

Taya R. Guynup 5750 Old Railroad Grade, McKinleyville, CA 95519

The business is conducted by A General Partnership. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Taya Guynup, Owner This statement was filed with the County Clerk of Humboldt County on June 29, 2015 KELLY E. SANDERS Humboldt County Clerk By: L. Holman

7/23, 7/30, 8/6, 8/13 (15-163)

FICTITIOUS BUSINESS NAME STATEMENT 15-00432

The following person is doing Business as **PEACEFUL PRODUCTIONS** Humboldt, 88 Lum St, Weott, CA 95771

David R. Dougherty 738 K St, Eureka, CA 95501

The business is conducted by An Individual.

The date registrant commenced to

transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s David R. Dougherty, Owner This statement was filed with the County Clerk of Humboldt County on July 17, 2015 KELLY E. SANDERS Humboldt County Clerk By: A. Abrams

7/23, 7/30, 8/6, 8/13 (15-164)

FICTITIOUS BUSINESS NAME STATEMENT 15-00387

The following person is doing Business as **THE KID** Humboldt, 4344 Old Railroad Grade Road, McKinleyville, CA 95519

David N. Alkema 4344 Old Railroad Grade Road, McKinleyville, CA 95519

The business is conducted by An Individual.

The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s David Noel Alkema, Owner This statement was filed with the County Clerk of Humboldt County on June 30, 2015 KELLY E. SANDERS Humboldt County Clerk By: M. Morris

7/9, 7/16, 7/23, 7/30 (15-156)

FICTITIOUS BUSINESS NAME STATEMENT 15-00396

The following person is doing Business as **REDWOOD BURL COMPANY** Humboldt, 200 Alder Grove Rd, Arcata, CA 95521

Redwood Burl, Inc., 200 Alder Grove Rd, Arcata, CA 95521

The business is conducted by A Corporation.

The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars

(\$1,000). /s Landon Buck, President This statement was filed with the County Clerk of Humboldt County on July 1, 2015 KELLY E. SANDERS Humboldt County Clerk By: A. Abrams

7/9, 7/16, 7/23, 7/30 (15-154)

FICTITIOUS BUSINESS NAME STATEMENT 15-00389

The following person is doing Business as **CHRISTIAN & ASSOCIATES CONSULTING** Humboldt, 370 Arrow Lane, Bayside, CA 95524

Michael R. Christian 370 Arrow Lane, Bayside, CA 95524

The business is conducted by An Individual.

The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Michael Christan, Sole Proprietor This statement was filed with the County Clerk of Humboldt County on June 30, 2015 KELLY E. SANDERS Humboldt County Clerk By: A. Abrams

7/9, 7/16, 7/23, 7/30 (15-155)

FICTITIOUS BUSINESS NAME STATEMENT 15-00397

The following person is doing Business as **THE COPPER CROW CAFE** Humboldt, 1656 Union Street, Eureka, CA 95501

JESSICA N BOSTICK-LEE 2237 Wycliff Ln, Eureka, CA 95503

The business is conducted by An Individual.

The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Jessica Bostick-Lee, Owner This statement was filed with the County Clerk of Humboldt County on July 02, 2015 KELLY E. SANDERS Humboldt County Clerk By: M. Morris

7/9, 7/16, 7/23, 7/30 (15-157)

Legal advertising!
442-1400

ORDER TO SHOW CAUSE FOR CHANGE OF NAME ANTONIA RAMONA HOLLENBECK CASE NO. CV150430 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF: ANTONIA RAMONA HOLLENBECK
TO ALL INTERESTED PERSONS:
Petitioner: Antonia Ramona Hollenbeck

for a decree changing names as follows:

Present name
ANTONIA RAMONA HOLLENBECK
to Proposed Name
ANTONIA RAMONA BAYA
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: August 28, 2015
Time: 1:45 p.m., Dept. 8
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501

Date: July 9, 2015
Filed: July 9, 2015
/s/ Dale A. Reinholtsen
Judge of the Superior Court

7/16, 7/23, 7/30, 8/6/2015 (15-160)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME ELIZABETH G. WELSH CASE NO. CV150387 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:
ELIZABETH G. WELSH
TO ALL INTERESTED PERSONS:
Petitioner: Elizabeth G. Welsh
for a decree changing names as follows:

Present name
JOCELYN RAE PACHECO
to Proposed Name
JOCELYN RAE WELSH
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to

the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: August 3, 2015
Time: 1:45 p.m., Dept. 8
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501

Date: June 19, 2015
Filed: June 22, 2015
/s/ Dale A. Reinholtsen
Judge of the Superior Court

7/2, 7/9, 7/16, 7/23/2015 (15-152)

**FBN
statements:
\$55
442-1400**

HumbUG

A COMMON WHITETAIL
IN THE GARDEN.
PHOTO BY ANTHONY
WESTKAMPER



Spotting for Spots

By Anthony Westkamper

humbug@northcoastjournal.com

Artful Dodgers

Today, faced with the humdrum task of taking old stuff out to the compost bin, I grabbed a camera on the off chance I might see something more interesting than rotten potato peels. Flying low and fast, dodging between grass stalks and tangled branches was a Common Whitetail (*Plathemis lydia*). With their dark wingspots, agile flight and bright markings, they remind me of old fashioned bi-planes.

There are some standout features that make the species easy to identify. This particular specimen was a young male. You can tell his age because throughout their adult lives they progress through several stages. They start out brown with yellow spots. As they age, a stark white, chalky coating called "prunosity" gradually covers their bodies and parts of the wings. If they live long enough, wear and tear rubs off some of the whiteness in spots. Females have similar brown markings, get little or no prunosity and have different wing-spots.

They range from Canada to Mexico and throughout the U.S. Alighting close to the ground, they hunt by "hawking," dashing up and back again to capture small flying insects like mosquitoes.

Many birders are adding the odenates (members of the order of dragonflies and damselflies) to their ornithological quests. The delights are about the same, the subjects often allow you to get quite close and the tools and techniques are similar. That is not to say birders are abandoning their feathered friends, but adding another thing to enjoy in the great outdoors.

While no paraphernalia is necessary to admire the beauty and flying prowess of dragonflies, you might want a set of binoculars, a butterfly net and a hand lens. I warn you, however, capturing a dragonfly on the

wing on a warm day can be challenging. They are very quick and, unlike us, their nerve impulses only have a few inches to travel.

That's No Lady

Male ladybugs must have a hard time of it. The familiar orange, black spotted beetles are represented by both sexes. Without a great deal of technical knowledge and a good, strong, hand lens, you're unlikely to tell the difference. While insects don't seem to mind what we humans call them, from time to time I have heard folks make some egregious errors. One of the worst is the confusion between members of *Coccinellidae* (the family of ladybugs) and *Diabrotica undecimpunctata*, the spotted cucumber beetle. I bring this up because once upon a time in a nursery I couldn't contain myself and had to tell a guy the truth about the green beetle with black spots. He had been authoritatively telling customers that the green ones were "man bugs," and good for your plants. As Mark Twain said, "It ain't what you don't know that gets you into trouble. It's what you know for sure that just ain't so."

That cucumber beetle is a well-known agricultural scourge, while the vast majority of the more than 5,000 different species of *coccinellidae* are beneficial predators of aphids and other small crop pests. You can even buy them to release in your garden as a biological control for aphids, scales and other small garden nuisances.

Adding to the confusion, the ladies are not "bugs" in the technical sense. *Hemiptera*, or "true bugs," are a separate order altogether from the *coleoptera* (beetles), as different from them as dragonflies or cicadas. A slightly better name might be Lady Beetles, Ladybird Beetles, or something altogether different that does not assign gender or inappropriate taxonomy, but for now I guess they're just going to have to endure. ●

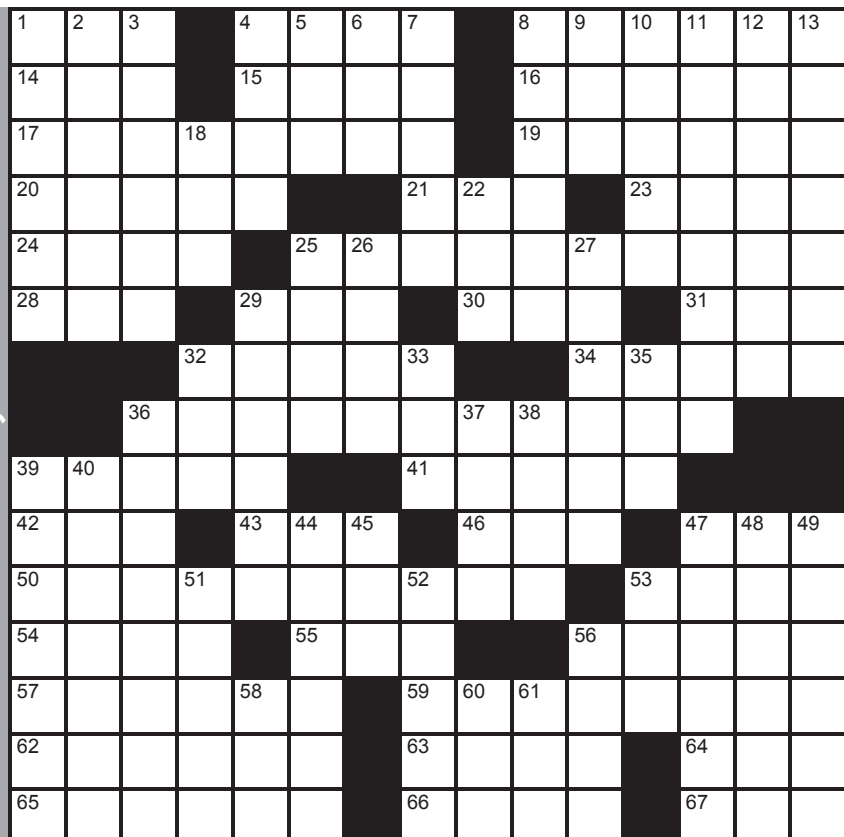


UIHS is seeking interested Indian Community Members in serving as potential Candidates to be members of the UIHS Board of Directors.
Potential Candidates must reside in and around the UIHS Service area within one of the following areas:

- Area 1:** Del Norte County
- Area 2:** Orick, Trinidad, McKinleyville, and Blue Lake
- Area 3:** Arcata, Eureka, Table Bluff, and all points south (within Humboldt County)
- Area 4:** Hoopa and Willow Creek
- Area 5:** Weitchpec, Johnson's and Orleans.

All interested Indian Community Members may request a Declaration of Candidacy packet at www.uihs.org or call 707.825.4123 or 707.825.4136.

The Declaration of Candidacy forms must be submitted no later than August 7, 2015 to: UIHS Election Committee, P.O. Box 731, Arcata, CA 95521.



©2015 DAVID LEVINSON WILK

FOLLOWING UP

ANSWERS NEXT WEEK!

ACROSS

1. Vane dir.
4. Not us
8. Shone dazzlingly
14. Japanese "yes"
15. "____ Silver, away!"
16. Xerox a Xerox, say
17. Promising prospect
19. Sergeant's order
20. Big name in applesauce
21. Embassy VIP
23. "Look what ____!"
24. Comedian Jay
25. Difficult engagement
28. Lets go through
29. See 30-Across: Abbr.
30. Jon ____, former 29-Across from Arizona
31. Baseball's Maris, to pals
32. Wild thing
34. It might read "Happy Birthday!"

36. Getting in touch with again, say ... or how to write in the answers at 17-, 25-, 50- and 59-Across
39. Gloria Gaynor's "I Will Survive," originally
41. Memorable hurricane of 2011
42. Plant bristle
43. TV franchise since 2000
46. Wake-up times, for short
47. Ad ____ committee
50. Ragtime instrument
53. Actress Theda who played Cleopatra
54. "Interesting ..."
55. Hydrocarbon suffix
56. "SNL" alumna Pedrad

DOWN

57. Short ____
59. Like a troublemaker
62. Adjective for a bikini, in a 1960 song
63. Well-worn pencils
64. Suffix with glob
65. Venomous serpents
66. Eyebrow shape
67. Number of Canadian provinces

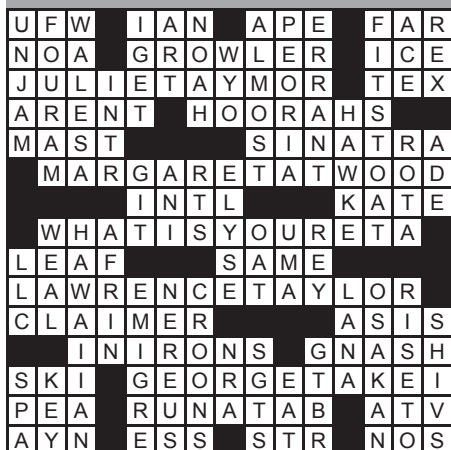
DOWN

1. "Kapow!"
2. Title Inuit of a 1922 film classic
3. Lumber dimensions
4. President after Geo. and John
5. Exclamation at a lineup
6. Size up
7. End of an Aesop fable
8. Avaricious

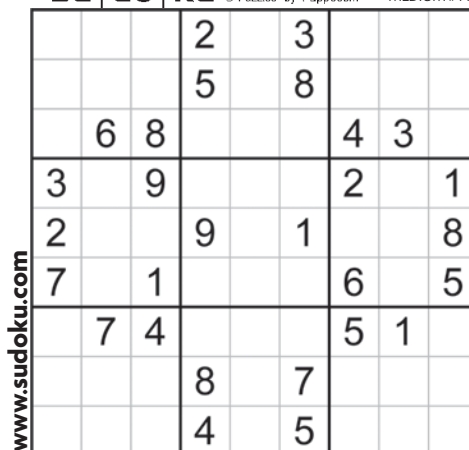
9. Permit
10. Cream the final
11. 2000 comedy with the tagline "The greatest college tradition of all time"
12. Letter before zeta
13. Easter basket item
18. 6-ft. WNBA player's pos., perhaps
22. Monogram of 1964's Nobel Peace laureate
25. Get well
26. Not ____ many words
27. Makes flush
29. Go for
32. Hunk's pride
33. Light start?
35. Nod, perhaps
36. ID'd
37. "Argo" setting
38. Pixar title character

39. Coffeehouse server
40. Got nothing but net
44. Outpourings
45. "Boy, am ____ trouble!"
47. Loses, as by surgery
48. See 49-Down
49. Baseball's 48-Down Park at ____ Yards
51. 19th-century German poet Heinrich
52. Insurance giant
53. Word after sleeping or shopping
56. Small snack
58. Christmas tree
60. "Now is the winter of ____ discontent ..."
61. "America's Got Talent" network

LAST WEEK'S ANSWERS TO ETA



su | do | ku © Puzzles by Pappocom MEDIUM #44



classified EMPLOYMENT

Opportunities

AIRLINE CAREERS. Start here - If you're a hands on learner, you can become FAA Certified to fix jets. Job placement, financial aid if qualified. Call AIM 800-481-8389. (E-0723)

AMERICAN STAR PRIVATE SECURITY. Is Now Hiring. Clean record. Drivers license required. Must own vehicle. Apply at 922 E Street, Suite A, Eureka (707) 476-9262. (E-1231)

HELP WANTED!! Make \$1000 A Week!! Mailing Brochures From Home. Helping home workers since 2001. Genuine Opportunity. No Experience Required. Start Immediately. www.nationalmailers.com (AAN CAN)

HOME CAREGIVERS PT/FT. Non-medical caregivers to assist elderly in their homes. Top hourly wages. (707) 362-8045. (E-1231)

Carefree Caregiver Hiring
NON-MEDICAL CAREGIVER START AT \$12.00 PER HOUR
 Submit Resume to: dana@caregiverhire.com.
 Application to: www.caregiverhire.com (707) 443-4473

HUMBOLDT SUPERIOR COURT Job Opportunity
 We are hiring one position as a
Court Manager I
 \$4166-6416/mo DOQ + benefits
OR
Court Manager II
 \$4916-7083/mo DOQ +benefits
 FBI/DOJ/Background App due by
5PM 8/3/2015
 For app & info call **707-269-1245** or email HR@humboldtcourt.ca.gov

Opportunities



Southern Humboldt Community Healthcare District is now accepting applications for:

CLINICAL LAB SCIENTIST

Full Time Position. California Clinical Laboratory Scientist. Chemistry, hematology, UA, coagulation and blood bank experience required. Includes shared call.

REGISTERED NURSE

Full Time, Part Time, or Per Diem Position. Current RN License and CPR certification required. Work 12-hour shifts in our critical access emergency room.

PHLEBOTOMIST

Full Time Position. Current certification required.

RADIOLOGIC TECHNOLOGIST

Temporary, Full Time Position. Current certification required. 8-hour, day shift, on-call required. Housing provided when on-call.

*Full Benefits package for all Full Time Employees.
 Health Insurance for Part Time Employees
 *Shared housing available between shifts

Visit www.shchd.org for more information and to apply
 Or call (707) 923-3921 ext. 230

CHANGE A LIFE TODAY!

Gain financial security while helping us support adults with developmental disabilities in our community. California MENTOR is seeking caring people with a spare bedroom to provide care from the comfort of your home. Receive a competitive tax-exempt monthly stipend and ongoing support. Call Sharon today for more information at 442-4500 ext. 16 www.mentorswanted.com (E-1231)



CHILD CARE CASE MANAGER

This full-time position interviews applicants to determine eligibility for subsidized child care programs and maintains a caseload of clients.

Bilingual Child Care Case Manager requires ability to speak, read, and write in accurate, fluent Spanish. **Child Care Case Manager** starts \$12.77/hour; **Bilingual Child Care Case Manager** starts \$14.11/hour.

EARLY EDUCATION SPECIALIST

This full-time position performs a range of activities with providers and parents participating in the Early Head Start-Child Care Partnership (EHS-CCP) and Family Child Care Home Education Network (FCCHEN) programs to support the healthy growth, education and development of infants, toddlers, and children under age 4 and to meet EHS-CCP standards. Starts \$17.23/hour.

Must possess a valid CDL and current insurance, and a vehicle for work use. Must pass a criminal record background check.

Benefits: paid vacation/sick leave, holidays and paid insurance.

Application and job description available at www.changingtidesfs.org or by calling (707) 444-8293. Please submit letter of interest, resume, and application by email to nprato@changingtidesfs.org or U.S. mail to Nanda Prato, 2259 Myrtle Avenue, Eureka, CA 95501 by **Monday, August 3rd at 5:00 p.m.** EOE

Opportunities



Humboldt County Office of Education

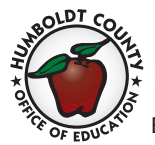
School Nurse

Part-time, 0.5 FTE
Placement on Certificated Salary
Schedule, (\$40,167-\$46,629/Yr.,
will be prorated for 0.5 FTE).

Qualifications: A BA in nursing or related field and a Registered Nursing license. With these qualifications an applicant is eligible to then apply for the required Preliminary California School Nurse Services Credential and entry into one of the programs for a Permanent School Nurse Credential. Itinerant school nursing experience preferred.

Full job description available on the HCOE website. Eligible for Health & Welfare benefits & STRS retirement. Certificated app available at HCOE or online: www.humboldt.k12.ca.us

Reply to: PERSONNEL, HCOE, 901 Myrtle Ave., Eureka, CA 95501. For questions contact Kathy Atkinson at katkinson@humboldt.k12.ca.us or call (707) 445-7039. **Closes: July 30, 2015.**



Humboldt County Office of Education

School Psychologist

FT, 1.0 FTE Salary based on placement on Certificated Salary Schedule, DOE. Elig. for pro-rated H&W Benefits, STRS.

Qualifications: CA credential authorizing service as a school psychologist. Must demonstrate competence in communication with children, parents, staff & representative agencies; & demonstrate knowledge of & experience with community resources associated with special needs youth & families.

Applications available at HCOE or online:
www.humboldt.k12.ca.us

Reply to: PERSONNEL, HCOE, 901 Myrtle Ave., Eureka, CA 95501. For questions contact Kathy Atkinson at katkinson@humboldt.k12.ca.us or call (707) 445-7039. **Closes: 7/23/2015, 4 PM**

classified.northcoastjournal.com

County of Humboldt PROGRAM COORDINATOR

\$3,942-\$5,059 Monthly (Plus Benefits)

This class is responsible for the effective implementation of a single specialized program or multiple routine programs. Responsibilities include developing program guidelines and plans, identifying and securing grant funding as appropriate, developing staffing and budget proposals and planning, assigning and reviewing the work of staff to implement the program.

Desired experience includes equivalent to graduation from a four year college or university with major coursework in public administration, business management or other related field depending on the assignment, and three years of experience managing, coordinating or providing services in a public agency program.

Filing deadline is August 7, 2015. Apply online at www.humboldt.gov/hr/aa/eoe

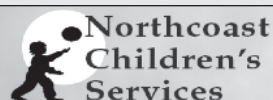
Opportunities



Come join Mad River
Community Hospital and
enjoy the satisfaction of
working with a team.

Yes, you can be happy at work....here. If you have to work, why not do so with some of the best in the business. We are looking to hire a **Housekeeper**, **Registered Nurses** and other positions.

Look on our web site for openings:
www.madriverhospital.com



TEAM TEACHER CR-ITC

Responsible for implementation of class activities for infants and toddlers. Must meet Associate Teacher level on Child Development Permit Matrix, includ at least 6 units in Infant Toddler Care (an additional 3 units in admin is desirable). Requires one year exp teaching in a preschool setting, including at least 6 months at an infant and toddler center. **F/T** (Yr rd): 37.5 hours/wk (M-F); \$10.36-10.88/hr. **First Review Date: 7/22/15**

TEMPORARY TEAM TEACHER WORTHINGTON

Responsible for the development & implementation of classroom activities for preschool age children. Must meet Associate Teacher level on Child Devel Permit Matrix (3 units in admin preferred) and one yr experience teaching in a preschool setting. **P/T** temporary(sch yr): 28 hours per week; \$11.40-11.97/hr. **First Review Date: 7/22/15**

ASSOCIATE TEACHER MCKINLEYVILLE EHS

Assists teacher in the implementation and supervision of activities for preschool children. Requires a minimum of 12 ECE units—including core classes—and at least one year experience working with young children. **P/T** (partial year): 32 hours/week (Mon-Fri); \$10.36-10.88/hour. **First Review Date: July 22, 2015**

Submit application, resume & cover letter to:
Northcoast Children's Services

1266 9th Street, Arcata, CA 95521

For application, job descriptions & more info, visit www.ncsheadstart.org or call 707-822-7206.



The North Coast Journal
seeks an energetic, organized

advertising sales rep

Base • Commission
Health/Dental Benefits
Some experience preferred.

Submit résumé to
310 F St., Eureka, CA 95501
or email
chuck@northcoastjournal.com

Opportunities



Redwood Community
Action Agency

"Empowering People, Changing Lives since 1980"

CLIENT SERVICES SPECIALISTS

For RCAA/MAC homeless housing program.
The MAC is a 24/7 hour shelter facility.
F/T \$11.75 hr. + benefits.

Go to www.rcaa.org for full job description & required application or 904 G St. Eureka. EOE



CITY OF ARCATA EQUIPMENT OPERATOR

\$37,435.41-\$45,502.97/yr.

Filing Deadline: 4pm July 31, 2015

Operates light and heavy power-driven street and off-highway construction equipment; performs other related duties as assigned.

Full details and application materials available at: www.cityofarcata.org; Arcata City Manager's Office, 736 F Street, Arcata, or (707) 822-5953. EOE.

open door Community Health Centers

BEHAVIORAL HEALTH INTEGRATED PROVIDER

1 F/T Crescent City

CASE MANAGER

1 F/T Arcata

DIETICIAN (Ped obesity experience)

1 F/T Arcata/Eureka

LAB ASSISTANT

1 F/T Crescent City

LATINO HEALTH COORDINATOR

1 F/T Crescent City

MEDICAL ASSISTANT

1 F/T Arcata

1 F/T Arcata (prenatal)

MEDICAL RECEPTIONIST

1 F/T Crescent City

2 F/T Eureka (1 for Pediatrics)

REGISTERED NURSE

1 F/T Willow Creek

RN CLINIC COORDINATOR

1 F/T Crescent City

SITE ADMINISTRATOR

1 F/T McKinleyville

Visit www.opendoorhealth.com to complete and submit our online application.

Opportunities

County of Humboldt SENIOR ASSESSMENT TECHNICIAN

\$2,753-\$3,533 Monthly (Plus Benefits)

This is the lead level in the assessment technical support series. The incumbent provides lead direction to a group of Assessment Technicians, and/or other assigned staff, and performs difficult, technical, complex or specialized work, requiring considerable contact with individuals both inside and outside the County.

Desired experience includes one year of office and/or technical support related to the processing and preparation of assessment records experience at a level equivalent to the County's class of Assessment Technician II.

Filing deadline is August 3, 2015. Apply online at www.humboldt.gov/hr/aa/eoe.

County of Humboldt DIRECTOR OF PUBLIC HEALTH NURSING

\$6,115-\$7,847 Monthly
Plus New Signing and Retention Bonuses

This single position class has division level responsibility for the overall administration of the public health nursing function of the department, including a variety of clinic services, specialized health programs and field services. See job posting for full description of duties as well as signing and retention bonuses.

Desired experience includes equivalent to graduation from a four year college or university accredited by the National League for Nursing with major coursework in nursing and two years of supervisory public health nursing experience which has included involvement in project leadership and program planning. Must possess a valid California Public Health Nursing certificate.

Filing deadline is August 10, 2015. Apply online at www.humboldt.gov/hr/aa/eoe.



Humboldt County Office of Education FINANCIAL ACCOUNTING/BUDGET Principal Account Technician

FT, 7.5 Hrs./Day, 12 Mo./Yr., 260 days.
\$2715.48-\$3462.98/Mo.,
\$16.71-\$21.31/Hr. Starting Salary DOE.
Eligible for H&W Benefits, PERS.

Qualifications: Requires 5 years of experience in financial accounting, analysis, budget, accounts payable, accounts receivable and problem resolution. Also requires competency in spreadsheet and software applications.

Applications available at HCOE or online:
www.humboldt.k12.ca.us

Reply to: PERSONNEL, HCOE, 901 Myrtle Ave., Eureka, CA 95501. For questions contact Kathy Atkinson at katkinson@humboldt.k12.ca.us or call (707) 445-7039. **Closes: 8/11/2015, 4 PM**

Opportunities



SEQUOIA PERSONNEL SERVICES INC.

445-9641 • 2930 E Street Eureka, CA 95501
www.sequoiapersonnel.com



**Redwood Coast
Regional Center**
Be a part of a great team!

SUPPORT STAFF

FT Eureka, CA Clerical/Recpt for non-profit agency. HS grad or equiv + 1 yrs. pd clerical exp. Typing/keyboard cert. for 45 wpm net-required. Sal. range \$1706- \$2401/mo +exc bene. Go to www.redwoodcoastrc.org. for info, forms & instructions. **Closes 7-20-15 at 5pm.** EOE

RESTIF CLEANING SERVICE

Local, 100% employee owned company is accepting applications for an Office Clerk I position to work Mon-Fri, 9a-5:30p. Starting wage is \$9/hr with a guaranteed bonus of in between \$300-500 DOE and performance per month during trial period. Trial period is four months. After trial period, wage increases substantially. Job duties include customer service, answering phones, scheduling and billing jobs. Responsibilities include some accounting skills. Previous office experience required. Send resume and cover letter to pamela@restif.com

PAYROLL/PERSONNEL

Classified, confidential position responsible for all personnel/payroll duties. Position entails a high level of responsibility & independent judgment in the completion of complex, detailed, personnel, payroll, financial & administrative duties.

2 yrs higher education in business/ accounting and/or 3 yrs experience in school/ governmental accounting-personnel/payroll. Permanent, full-time, 8 hrs/day, 5days/wk, 12 month position.

\$42,554 - \$51,515 DOE + health benefit pkg + retirement. Successful applicant will be responsible for all fees incurred for fingerprinting and TB test clearance.

Complete job description and application at Arcata School District Office, 1435 Buttermilk Lane, Arcata CA 95521.

Art & Collectibles



Antiques & More

"Funky to Functional"
Antiques, Collectibles,
Steampunk, Shabby Chic,
Local Made, Upcycled,
Vintage Clothes &
Hats. Saddle & Tack.

580 Main Street, Ferndale



Fire Arts Center
520 South G Street across from the marsh
Arcata, CA 95521
www.fireartsarcata.com

Auctions

PUBLIC AUCTIONS

THURS. JULY 30TH 5:15PM

Estate Furniture & Household Misc. Incl. McKinleyville Estate with Danish Modern Furniture

THURS. AUG. 13TH 5:15PM

Estate Furniture, Household Items + Tentative Tools & Misc.

INFO & PICTURES AT
WWW.CARLJOHNSONCO.COM
PREVIEW WEDS. 11AM-5PM
& THURS. FROM 11AM TO SALE TIME



3950 JACOBS AVE. EUREKA • 443-4851

PLACE YOUR OWN AD

classified.northcoastjournal.com

Clothing

FLASHBACK

*Sale for
July is:
Stripes &
Polka Dots*



116 W. Wabash
443-3259
Weds.-Sat. 1-6
Sun. 3-6
"Clothes with Soul"

Community

BECOME A FOSTER PARENT.

Provide a safe and stable environment for youth 13-18 for them to learn & grow in their own community. Contact the HC Dept. of Health & Human Services Foster Care Hotline for more information (707) 499-3410

Merchandise

CUPS & GLASSES HALF PRICE AT THE DREAM QUEST THRIFT STORE. JULY 16-22. Next door to the Willow Creek Post Office. Where your shopping dollars help youth to realize their dreams!

Sporting Goods

Carry/Conceal Weapons Classes

Indoor Range
Guns & Ammo
Gun Rentals

**INSTRUCTION
AVAILABLE**



Open Tues-Sun (closed Monday)
Open Thurs Eve Until 8:30
1327 5TH STREET EUREKA
442-6312

Art & Design



**ART
CENTER
FRAME
SHOP**

616 Second St.
Old Town Eureka
707.443.7017

artcenterframeshop@gmail.com

Auto Service

ROCK CHIP?

Windshield repair is our specialty. For emergency service CALL GLASWELDER 442-GLAS (4527), humboldtwindshieldrepair.com (5-0106)

classified SERVICES

Cleaning



CLARITY WINDOW CLEANING.
Services available.
Call Julie 839-1518. (S-0106)

Computer & Internet



Macintosh Computer Consulting for Business and Individuals
Troubleshooting
Hardware/Memory Upgrades
Setup Assistance/Training
Purchase Advice
707-826-1806
macsmist@gmail.com



Garden & Landscape

ALLIANCE LAWN & GARDEN CARE. Affordable, Dependable, and Motivated Yard maintenance. We'll take care of all your basic lawn needs. Including hedging, trimming, mowing, and hauling. Call for estimates (707) 834-9155. (S-0730)

PROFESSIONAL GARDENER. Powerful tools. Artistic spirit. Balancing the elements of your yard and garden since 1994. Call Orion 825-8074, www.taichigardener.com (S0129)

Home Repair

2 GUYS & A TRUCK. Carpentry, Landscaping, Junk Removal, Clean Up, Moving. Although we have been in business for 25 years, we do not carry a contractors license. Call 845-3087 (S-1231)

HANDYMAN

Need a handyman? Tired of no shows, over priced and unreliable handymen? Give me a call and let's see what I can do for you. Senior discounts. (707) 382-0923
hilliardproperty@yahoo.com

Home Repair

QUALITY WORKSMANSHIP
REASONABLE RATES
Decking, Fencing, Siding, Roofing/Repairs, Doors, Windows
Honest & Reliable, Retired Contractor
(707) 382-8655
sagehomerepair@gmail.com

Musicians & Instructors

BRADLEY DEAN ENTERTAINMENT.
Singer Songwriter. Old rock, Country, Blues. Private Parties, Bars, Gatherings of all kinds.
(707) 832-7419. (M-1231)

GUITAR/PIANO LESSONS.
All ages, beginning & intermediate. Seabury Gould
(707) 444-8507. (M-0106)

PIANO LESSONS. Beginners, all ages. Experienced. Judith Louise
476-8919. (M-1231)

BONGO BOY
Studio Recording & Mixing
CD Mastering, Package Design
Tapes/ LP/ Cassette/ videotape transferred to CD / DVD
24 track remote recording
Professional Engineer
e-mail: bongoboycd@sbcglobal.net
bongoboystudio.com
Celebrating 13 years in Humboldt County!
(707) 839-5090

Other Professionals

7 DAY A WEEK NOTARY SERVICE.
Gil Friedman.
Located in Arcata.
Will travel.
(707) 822-5001 (S-0625)

CIRCUS NATURE PRESENTS A. O'KAY CLOWN & NANINATURE
Juggling Jesters & Wizards of Play
Performances for all ages. Magical Adventures with circus games and toys Festivals, Events & Parties
(707) 499-5628
www.circusnature.com

Other Professionals

EDITOR/VIRTUAL ASSISTANT/ WRITING CONSULTANT
Price Varies (808) 285-8091
jfaolan@gmail.com

READING TUTOR
Credentialed Teacher
Karen G. (530) 906-3735
Donations Based on Need (S-0521)



WRITING CONSULTANT/EDITOR.
Fiction, nonfiction, poetry.
Dan Levinson, MA, MFA.
(707) 443-8373.
www.ZevLev.com

IN-HOME SERVICES

We are here for you

Registered nurse support
Personal Care
Light Housekeeping



Assistance with daily activities
Respite care & much more

insured & bonded

Humboldt Caregivers

Serving Northern California for over 20 years!

TOLL FREE
1-877-964-2001

PLACE YOUR OWN AD AT:
classified.northcoastjournal.com



MARKETPLACE

Art & Collectibles
Auctions
Baby Items
Clothing
Merchandise
Miscellaneous
Sporting Goods

classified AUTOMOTIVE

YOUR AD HERE!



LEON'S CAR CARE CENTER



We'll shuttle you to and from work!

Vehicle Repair & Maintenance
"WE DO THAT!"



7:30-5:15 M-F
707 444-9636
929 Broadway
Eureka, CA 95501

leons-carcare.com

ROGER'S Transmissions



TRANSMISSIONS • CLUTCHES • SERVICE JOBS
REPAIRS • HEAVY DUTY DIESEL STAGE 1, 2, 3



TRANSMISSION REPLACEMENT 1-Day Service!

BRING IT TO THE PROS BEFORE YOU HIT THE ROAD

EXPERIENCE COUNTS

707-443-3978

CALL FOR AN APPOINTMENT

419 WEST CEDAR ST. EUREKA 95501
OWNER: ROGER JOHNSON



body, mind & spirit

HIGHER EDUCATION FOR SPIRITUAL UNFOLDMENT.
Bachelors, Masters, D.D./ Ph.D., distance learning, University of Metaphysical Sciences. Bringing professionalism to metaphysics. (707) 822-2111 (MB-1231)



Eureka Massage and Wellness

2115 1st Street • Eureka
at the end of V Street
Swedish, Deep Tissue, Shiatsu and more!
Please call for an appointment.
798-0119

www.facebook.com/EurekaMassageandWellness
CA Cert. #59861

Loving Hands, Institute of Healing Arts



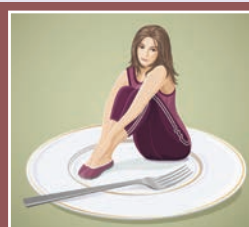
MASSAGE THERAPY

Private Practice,
CA State Licensed School,
Continuing Education,
Career Training in
Holistic Health Education

Mon.-Fri. 11 a.m. to 7 p.m.
Sat. 10 to 5; Sun. 1 to 5

725-9627

739 12th St., Fortuna
www.lovinghandsinstitute.com



Treating Bulimia, Anorexia, Binge-Eating.

Kim Moor, MFT
#37499

Call 441-1484

North Coast Medical

Diane Dickinson, MD



(707) 826-1165

northcoast-medical.com

Rachael Santsche

BSDH, RDHAP • CA License #528

Need your teeth cleaned?

Independent Dental Hygiene Practice

Accepting New Patients

No new patient exams or x-rays required.

Schedule today

1085 I Street Suite 214

Arcata, CA • 845-3636

northcoastdentalhygiene.com



Colon Hydrotherapy
Electro-Lymphatic Drainage
Ionic Foot Spas

Helping create a cleaner,
clearer, lighter you!

(707) 498-9169 • EUREKA
VITALFLOWCLEANSING.COM

COMMUNITY CRISIS SUPPORT:

HUMBOLDT CO. MENTAL HEALTH CRISIS LINE

445-7715

1-888-849-5728

HUMBOLDT DOMESTIC VIOLENCE SERVICES

443-6042

1-866-668-6543

RAPE CRISIS TEAM CRISIS LINE

445-2881

NATIONAL CRISIS HOTLINE

1-800 SUICIDE

(1-800-784-2433)

NATIONAL SUICIDE PREVENTION LIFELINE

1-800-273-TALK

SHELTER HOUSING FOR YOUTH CRISIS HOTLINE

444-2273

classified HOUSING

Jim Redd
FOUR STAR REALTY
707-496-3022



The
RANCH SPECIALIST

www.ranchagent.com



Hidden Valley Ranch

257 Acres in Trinity County, with River Access

This off-the-grid, dream property offers 4 homes, abundant water, access to the South Fork of the Trinity River, timber, solar & propane, a well-established orchard, an organic farm, a blacksmith shop, barn, large shops and more. The main, finished home has style, character and long views. The second home is larger, with impressive beam ceilings & long views. It awaits some finishing touches. The other 2 homes will benefit from your vision and TLC. Hydro power has been used here & is still feasible. There are water tanks, a 32,000 gallon holding pond, water rights to a nearby creek, and generator back-up. The river provides beauty and recreational activity, including a nice deep swimming hole. This is the perfect property for a family retreat or to live your self-sustained dream.

\$999,000



classified HOUSING

Apartments for Rent

HUMBOLDT PLAZA APTS.
Opening soon available for
HUD Sec. 8 Waiting Lists for
2, 3 & 4 bedroom Apts.

Annual Income Limits:

2 pers. \$22,800; 3 pers. \$25,650;
4 pers. \$28,450; 5 pers. \$30,750;
6 pers. \$33,050; 7 pers. \$35,300;
8 pers. \$37,600

Hearing impaired:
TDD Ph# 1-800-735-2922

Apply at Office:

2575 Alliance Rd. Arcata,

8am-12pm & 1-4pm, M-F

(707) 822-4104



Roommates

ALL AREAS ROOMMATES.COM.

Lonely? Bored? Broke?

Find the perfect roommate to
complement your personality
and lifestyle at Roommates.com!
(AAN CAN) (R-0723)

PLACE YOUR OWN AD AT:

classified.northcoast
journal.com



Starting on Page 16



*Serving The
Communities We Love!*

Weaverville Office
790 Main Street
530-623-5690

Hayfork Office
7050 State HWY 3
530-628-5850



HAYFORK

Custom 1536 s.f ranch style 3/2 home has been treated with love and care. The appliances are new and the bathrooms and windows have been updated. If you need additional accommodations there is a 576 s.f 1/1 separate guest quarters with views of the well groomed backyard. Expansive lawns and gardens abound with covered and uncovered patios, orchard, large veggie garden, hot tub area and it is all fully fenced except one small space at the 2 car carport. There is city water and a well to water the landscaping and gardens. MLS#2108104

\$250,000

Call 530.628.5850 for details!

Retta Treanor
Broker/Owner

Alex Johnson
Realtor®

Candi Geraths
Escrow Assistant

Shannon Aikins
Realtor®

Denell Patton
Realtor®

Robyn Amore
Assistant

Janell Armijo
Realtor®

Mary Reynolds
Realtor®

Sarah Curry
Admin. Assistant

Elida Franco
Realtor®

Terri Townzen
Realtor®

www.bvptrinity.com

Scan QR Code
to visit our
Website!

BRE
#01301868



HAYFORK

This 1.52 acre parcel has had some development done and it is easy to imagine your home being built with natural landscaping surrounding you. Encroachment, driveway and building pad (approx. 100'X70') is in and assessments have been paid by Seller so this property is ready to go! Behind the property is an oak studded hillside which affords some privacy. City water, sewer, and electricity are available. Approximate boundaries have been flagged by a licensed surveyor. MLS#2107984

\$68,500 SELLER FINANCING AVAILABLE

Call 530.628.5850 for details!



315 P STREET
EUREKA, CA 95501



humboldtlandman.com

707.476.0435



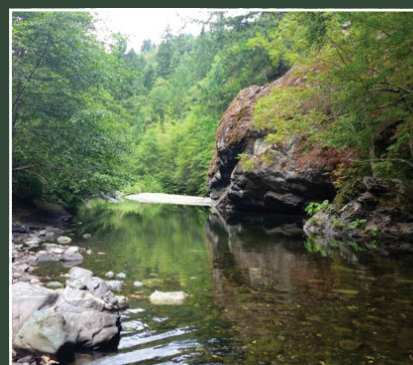
Charlie Tripodi
Land Agent
BRE #01332697
707.834.3241

Kyla Tripodi
Realtor/
Land Agent
BRE #01930997
707.834.7979

Brenden Morton
Realtor/
Land Agent
BRE# 01961360
707.845.2702

Katherine Fergus
Realtor/
Residential Specialist
BRE# 01956733
707.601.1331

Jessica Ricker
Realtor/
Residential Specialist
BRE # 01733812
707.616.1006

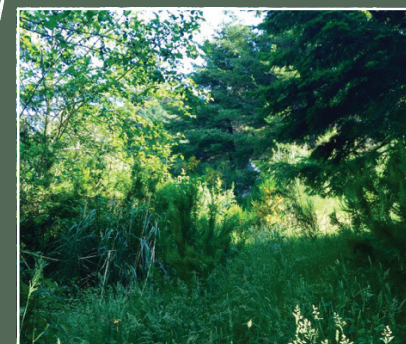


REDWOOD CREEK LAND/ PROPERTY \$325,000

±34 Acres, and only 30 minutes from Arcata on Chezem Road. Become part of the elite Redwood Valley community with this amazing property. Enjoy your summers on over ¼ mile Redwood Creek frontage with a fantastic swimming hole. Private road access, low elevation, and power to the property make this a dream.

FIELDS LANDING LAND/ PROPERTY \$190,000

Just picture watching breathtaking sunsets over the Humboldt Bay from the deck of your custom built home! ±2.5 Acres of vacant land made up of two parcels. Parcels are flat, one parcel is buildable and the other is mostly wetlands. Water, sewer, and PG&E at the street with easy access on paved roads.



WEITCHPEC LAND/ PROPERTY \$149,000

This desirable ±40 acre property located off Highway 169 boasts gorgeous river views, year round creek, access to private fishing hole and private beach, Klamath River frontage, southern exposure, sloping topography, phone and power, and county road access. Owner will carry with 25% down.

McKINLEYVILLE HOME ON ACREAGE \$341,500

Looking for some peace and quiet? Come see this beautifully secluded 4 bedroom 3 bathroom home on 1.5 acres! Home features 2 large master bedrooms, indoor laundry hook-ups, gated entry, and detached 2 car garage. Both front and back yards are fully fenced with a front deck and back porch.



NEW LISTING!



2850 E St., Eureka
(Henderson Center),
707 **269-2400**
2355 Central Ave., McKinleyville
707 **839-9093**

communityrealty.net





Murphy's Salutes Brothers

Jeff & Jay Mejia hail from Riverside County. Jeff moved to Humboldt County in 2013, following his girlfriend who was attending college. His brother Jay followed shortly, moving up in 2014. Jeff got a job at Murphy's shortly after his move. With seven years of grocery experience, Jeff is a great addition to the Murphy's team. Jay joined the Murphy's staff in

September of last year with a little help from his brother. "Jeff said it was a great place to work. I'm happy they gave me a shot," Jay explains.

Both brothers love the Humboldt weather. "It's amazing, just look outside," Jeff explains. Besides the amazing, sometimes-weird Humboldt weather, Jeff & Jay love the community, the awesome Murphy's customers

and the fresh air. Jeff also likes to play a round or two of disc golf when he is not working.

Jeff and Jay love working with each other at Murphy's and both say that they keep their working relationship "professional". Stop by the Murphy's in Sunny Brae and say hi to Jeff & Jay. Sunny Brae Murphy's is open Mon-Sat 7am-11pm and Sunday 7am-10pm.



Avalon Organics
Therapeutic Hair Care
Conditioner and
Shampoos 11 oz
\$4⁹⁹
each

Yerba Prima
Dietary fiber capsules or
Dietary fiber powders
180 caps or 12-16 oz
\$6⁹⁹
each



MURPHY'S

Sunny Brae • Glendale • Trinidad • Cutten • Westwood